Safety Update: Impact of tenofovir-containing triple antiretroviral therapy (ART) on bone mineral density in HIV-infected breastfeeding women in sub-Saharan Africa

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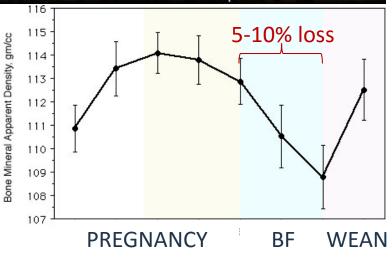




HIV-infected mothers in resource limited settings at risk of low bone mineral density

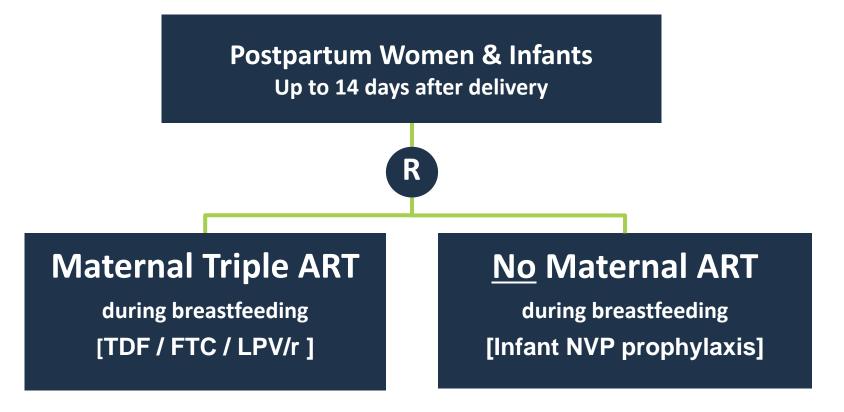
- Low BMD in HIV infected pregnant/BF women the result of:
 - HIV infection itself
 - Lactation
 - Antiretroviral drug use
- AIM: To evaluate the effect of postnatal ARV exposure on BMD







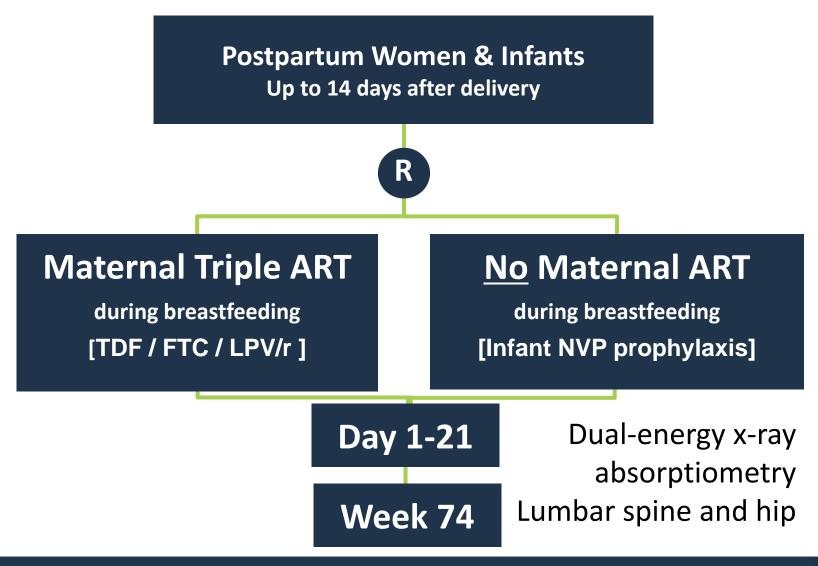
Subset of 1077BP pairs co-enrolled in P1084s



Co-enrolment offered to randomised women in Zimbabwe, Uganda, South Africa, Malawi sites with available DXA



BMD assessed at weeks 1 and 74 by DXA





Data Analysis

- Percent change in hip and spine BMD between weeks 1 and 74 were compared between women who received ART while breastfeeding and women who did not
- Student t-tests (two-sided)
- Modification of the effect by subgroups assessed via linear regression
- Comparisons of other data applied Wilcoxon/Kruskal-Wallace for continuous data, χ2/exact tests for categorical data, as appropriate
- Multivariate analyses to adjust for other covariates
- Mean and 95% confidence interval (CI) are presented



Accrual and DXA completeness N=398 **Postpartum Women & Infants** Up to 14 days after delivery N = 198N=200 **Maternal Triple ART No Maternal ART** during breastfeeding during breastfeeding [TDF / FTC / LPV/r] [Infant NVP prophylaxis]

Day 1-21 97%

Week 74 87%



Baseline Characteristics

Characteristic	Median	Q1 – Q3
Age	26.5 years	23.2 – 30.0
Body Mass Index	24.8 kg/m ²	22.4 – 28.0
CD4 count	671 cells/mm ³	544 – 855
Viral Load	400 copies/mL	83 – 2289
Characteristic		Frequency
First or second pregnancy		46%
Alcohol use ever		12%
Smoking history ever		1%



Baseline Characteristics

Characteristic	ART	No ART	
Aged 18-<30yrs	79%	71%	p=0.046
Undetectable HIV RNA	40%	26%	p=0.003

- Median duration of breastfeeding 14 months
- Most women weaned <24 wks before week 74 DXA

Weeks since weaning	Median	Q1 – Q3
ART	17.29	9.07 – 24.71
No ART	17.00	9.86 - 23.36

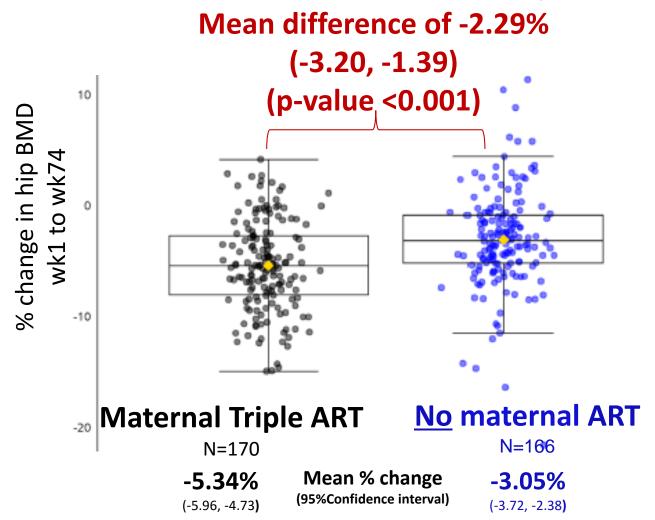


Lumbar spine BMD % decline week 1 to 74 greater in maternal ART study arm

Mean difference of -2.86% (-4.03, -1.70)(p-value₁<0.001) % change in spine BMD wk1 to wk74 **No** maternal ART **Maternal Triple ART** N=168 N=169 Mean % change -2.05% +0.81% (95% Confidence Interval) (-2.88, -1.22) (-0.01, +1.64)



Hip BMD % decline week 1 to 74 greater in maternal ART study arm





Conclusions

- Significant decline in BMD seen at 74 weeks post delivery for PROMISE mothers randomized to receive ART compared to mothers whose infants received infant NVP prophylaxis during breastfeeding
- Planned IMPAACT research will evaluate alternative ART regimens that may lessen the risk of BMD decreases seen with TDF/PI based ART in P1084s
 - **IMPAACT 2010**



Conclusions

- Future research will also focus on 5 year follow up of PROMISE mothers to assess if life time ART is associated with further BMD decreases with repeat pregnancy/breastfeeding
 - PEPFAR PROMOTE observational cohort
- These safety findings may also be relevant to HIV uninfected women who use PrEP during lactation
 - **IMPAACT 2009**



P1084s Protocol Team and Site Investigators

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