Approach to MDR-TB microbiology in children

IMPAACT Annual Meeting May 2017

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Desmond Tutu TB Centre



Objectives

- Characteristics of mycobacteria
- Microbiology diagnosis of tuberculosis
- Research context
- Phases of lab testing
- Specimen Collection
- Smear, Culture, Nucleic Acid Amplification Tests (NAATs), Drug Susceptibility Testing (DST)
- Reporting
- Videos







10 hours growth = > 1 Billion cells!

 Mycolic acids: special staining required

- Specific nutrients required
- Slow growth



S. Rodriguez-Campos et al/Research in Veterinary Science 97 (2014) S5-S19



-=not present in species/strain, +=present in species/strain.

Lancet 2000; 356: 1099-104

M bovis

moreau

tice

tokyo

danish

glaxo montreal pasteur

M avium

M branderi M celatum

M gordonii

M kansasii

M szulgai M terrae M vaccae M xenopi

Distribution of diagnostic antigens in mycobacterial species

> 95% DNA homology

S7



NATURE REVIEWS | DISEASE PRIMERS VOLUME 2 | 2016



TB Laboratory Diagnosis Challenges In both adults and children

TB diagnosis

- Respiratory specimens
 - Quality/variability of specimen
 - Infection control
- Culture still gold standard
 - Costly, specialized labs
 - Not perfect: contamination
 - Long
- No real point of care test
 - Xpert helps but other tests needed
- Variation in tests and procedures used, with many non-automated steps

<u>Compared to HIV</u> <u>diagnosis</u>

- Diagnosis on blood specimen
- Rapid point of care tests



Table 1	Timeline of the advances made in the diagnosis of
tuberculo	osis

1880–1900	Robert Koch discovers that TB is caused by <i>M tuberculosis</i> Sputum smear microscopy using Ziehl-Neelsen staining <i>M tuberculosis</i> cultured on solid media (Lowenstein-Jensen
	slants)
	Tuberculin (purified protein derivative) isolated
1900-20	Rontgen discovers x rays: 1899
	Tuberculin skin test developed: first used to diagnose <i>M bovis</i> in cows
1920–40	Use of attenuated <i>M bovis</i> BCG as TB vaccine: first given to a human (per os) in 1921
	Sputum concentration using chemical flocculation
	Flourescent staining using auramine
	Chest and a manha and the south has the Manhal Manhal
	A L D: CI 110007 00 111 15

Arch Dis Child 2007;92:446-452.

TB Laboratory Diagnosis in children

- Additional challenges:
 - Paucibacillary nature of childhood TB
 - Culture confirmed in 30% cases
 - Specimen collection is invasive in young children
 - Variety of specimens used
 - Volumes collected often small
 - Difficult to evaluate new diagnostic tests
 - Tests evaluated in adult sputum → applicable to gastric aspirate and other specimens?



TB Laboratory Diagnosis in children

- Why confirm the diagnosis?
 - Clinical diagnosis not always easy



- Guide treatment if MDR-TB
- Research

Table 2.Revised Classification of Intrathoracic TuberculosisCase Definitions for Diagnostic Evaluation Studies in Children



Variability

- Variability in procedures in TB labs worldwide
 - Smear: auramine, ZN, Kinyoun
 - Solid culture: LJ, 7H11
 - MGIT culture: automated and commercially available: however, identification of positive cultures varies
- If same procedure (non-automated), variability due to individuals performing them
 - e.g. smear reading, sputum processing
- Variability of diagnostic algorithms
 - Culture or culture based DST not always done

Variety of TB diagnosis algorithms

Algorithm 1. Using microscopy, solid or liquid culture, species identification and drug-susceptibility testing to diagnose TB

Peripheral

NRL/regional

Peripheral

Peripheral

Algorithm 2. Using microscopy and line-probe assays in conjunction with drug-susceptibility testing (with solid or liquid media) to diagnose TB

Algorithm 3. Using the Xpert MTB/RIF assay as an initial diagnostic test for TB followed by drugsusceptibility testing for second-line anti-TB agents when necessary

Algorithm 4. Using LPA and the Xpert MTB/RIF assay as follow-up diagnostic tests to microscopy for TB with drug-susceptibility testing for second-line anti-TB agents when necessary

IMPLEMENTING TUBERCULOSIS DIAGNOSTICS

Policy framework

(Warki Hoaki

-



WHO. Implementing tuberculosis diagnostics. Policy framework. http://www.who.int/tb/publications/implementing TB diagnostics/en/

Research Context

- Variability of tests/methods in TB labs worldwide
 - Not a problem for routine programs
 - Problem to compare results across sites in multi-centre studies
- ACTG-IMPAACT network labs
 - Approval process, EQA
 - Harmonisation efforts for TB labs based on Key Elements: Draft Sourcebook currently reviewed
- Not always possible to have all specimens tested in network labs
- Collecting extra specimen for research
 - Easier for adults to collect sputum, not so easy for invasive specimen in children

• P1108 and 2005

- Children diagnosed as MDR-TB by routine services must be treated for a period before entering the study and have Bedaquiline or Delamanid added to OBR
- Repeating specimen collection in young children (gastric aspirate or induced sputum) would be invasive, costly, time consuming and unlikely to yield positive results after many weeks of treatment.

<u>A5300/I2003</u>

- Evaluation of delamanid given to contacts of MDR-TB patients to prevent TB
- MDR-TB Index cases already on treatment for weeks and may or may not be culture + when approached by the study team

Research context

- Considerations when MDR TB diagnosis made outside of network lab:
 - Isolates cannot be stored for further testing: DST for new drugs, MIC, WGS, etc.
 - Not all OBR drugs/mutations may have been tested
 - e.g. no INH R result with Xpert thus no inhA mutations to guide use of ethionamide and high dose INH
 - Not possible to definitively confirm the MDR diagnosis
 - Errors are rare but could occur
- Solution: obtaining baseline isolate

Research context

- Understanding TB Lab results from routine program
 - For inclusion or late exclusion criteria
 - To complete TB Lab CRF
- Challenging
 - Requires understanding of the different tests done in the TB laboratory
 - Results can be complex, especially for MDR-TB when drug susceptibility results done by different methods

Phases of laboratory testing



Phases of laboratory testing

Pre-Analytical





Pre-analytical phase

- Decision of
 - Test
 - Specimen type
- Specimen collection and transport
- Context
 - Routine diagnostic / National TB Program
 - Research



https://www.degruyter.com/view/j/cclm.2013.51.issue-5/

Specimens

- Respiratory vs non-respiratory
 - Sputum (expectorated, induced), Gastric aspirate/lavage, Naso-pharyngeal aspirate, Bronchoalveolar lavage (BAL), etc.
 - Fine needle aspirate (FNA) of lymphadenopathy, Cerebrospinal fluid (CSF), tissue, fluids, etc.
- Contaminated vs sterile
 - From normally sterile sites (e.g. CSF) vs from sites contaminated with normal flora (e.g. sputum)

Sputum (expectorated)

- Main specimen for diagnosis of TB disease in adults and older children
- ACTG IMPAACT SOP
 - Available on HANC website



Collection, Clinic Storage and Transport of (Expectorated) Sputum Specimens SOP

Title:	Collection, Clinic Storage and Transport of Sputum (Expectorated) Specimens SOP				
Origination Date:	21 January 2014	Total Pages:	13		
Effective Date:	01 July 2014	SOP Number:	LTC-SOP-70 v1.0		
Authors:	Kathleen Eisenach, Anne-Marie Demers, and Fatima Jones	Supersedes SOP Dated:	N/A		

Sputum (expectorated)



Key Elements

- Participants must rinse their mouth with boiled/sterile/bottled or distilled water prior to collection.
- Collect at least 3 to 5 mL of sputum. Larger volumes are preferred. A minimum of 1 mL is acceptable.
- Store specimens in a refrigerator or cool box (2-8°C) if not transported to the laboratory within 1 hour of collection
- Transport specimens to the laboratory in a cool box (2-8°C) as soon as possible after collection. Respiratory specimens must be delivered to the laboratory as soon as possible and/or within 24 hours of collection.

Critical Technical Points

- Procedures for the collection, transport and receipt of all mycobacteriology spec
- Infection control measures during specimen collection

0 min 20 min 20 min 60 min 80 min



Induced Sputum

- Saline nebulisation inducing cough
- Can be done in adults, children and young infants
 - Naso-pharyngeal aspiration
- Nebulisation material
- Infection control measures
- No network SOP yet
 - WHO guidance

Guidance for national tuberculosis programmes on the management of tuberculosis in children

Second edition

Gastric aspirate

LA PRESSE MÉDICALE, 43 Août 1898

BACILLOSCOPIE DES CRACHATS EXTRAITS DE L'ESTOMAC POUR LE DIAGNOSTIC DE LA TUBERCULOSE PULMONAIRE DE L'ENFANT³ Par M. Henri MEUNIER

Chef de laboratoire à l'Hospice des Enfants-Assistés.

• Collection of secretions swallowed overnight

- Naso-gastric tube inserted to aspirate stomach content after fasting
 - Traditionally in hospital x 3 consecutive days
- Aspirate vs lavage
 - Aspiration only
 - Lavage using sterile water or saline. Dilution factor
- Inpatient vs outpatient
- Timing
 - Early morning

Gastric aspirate

- Neutralisation of gastric aspirates with bicarbonates is recommended by many organisations including WHO, American Society of Microbiology
 - Acid is detrimental to mycobacteria
 - JCM 2013 Parashar et al. questioning need to neutralise GA specimens
 - More research is needed
- Different neutralisation methods and formulations
 - Solution vs solid/powder form
 - Added by clinical team or by laboratory at reception
 - Unless processing done < 4 hours of collection
- No network SOP yet
- Various references including WHO and videos

Gastric aspirate

Key Elements

- Collect at least 5 to 10 mL of gastric aspirate. Larger volumes are preferred. A minimum of 1 mL is acceptable.
- Collect gastric aspirate after a minimum fasting period of at least 4 hours. Early morning collection is preferred.
- Gastric aspirate must be pH neutralized as soon as possible after aspiration unless the laboratory can neutralize or process the specimen within 4h of collection.
- Store specimens in a refrigerator or cool box (2-8°C) if not transported to the laboratory within 1 hour of collection
- Transport specimens to the laboratory in a cool box (2-8°C) as soon as possible after collection. Respiratory specimens must be delivered to the laboratory as soon as possible and/or within 24 hours of collection.

Critical Technical Points

- Procedures for the collection, transport and receipt of all mycobacteriology specimens
- Infection control measures during specimen collection
- Collect the gastric content by aspiration first as lavage introduces dilution. If adequate volumes are not obtained, lavage can be performed using sterile water or saline.

Infection control measures

- Personal protective equipment (PPE)
- Well ventilated area:
- Sufficient time for air changes in room in between procedures

HEALTHCARE FACILITIES

• Guidance available





Material preparation

- 5 Procedures
- *5.1 Equipment required for gastric aspirate collection* Table 1.
- 1. Disposable Gloves (non-sterile)
- 2. Particulate respirator masks (N95 or equivalent)
- 3. Disposable aprons
- 4. Disposable linen saver
- 5. Paper towel
- 6. 3 bed sheets or surgical drapes: one for the bed, one for wrappin

Technique preparation







Assistant to hold the child

Time and patience to obtain adequate volume

Fine needle aspiration

Study	Location	Population	% yield
Balaji 2009	India	Children	34% culture
Sharma 2010	India	Adults and children	33% (ZN, culture and PCR)
Wright 2010	South Africa	Children	52% culture
Cadmus 2011	Nigeria	Adults and children	25% culture
Van Wyk 2011	South Africa	Children	69% culture
Coetzee 2014	South Africa	Children	58 % Xpert, cytology, culture

- **TB Lymphadenitis** = most common extrathoracic manifestation in children
- **FNA** = simple, feasible, minimally invasive, high yield

Slide courtesy of E. Walters

Fine needle aspiration

- No network SOP yet
- References including video



Fig. 1. Insert needle into node and aspirate with minimum of suction in a fan-like fashion, keeping needle in the lesion.



Fig. 2. Express material onto glass slide. Place second slide parallel to first, allow material to spread between slides and pull gently apart, keeping slides together at all times.

Specimens

- Study specific information: type, number, timing of specimen etc.
- For the IMPAACT TB studies
 - Sputum
 - Gastric aspirate or Induced sputum
 - FNA
 - Other specimens can be collected

Phases of laboratory testing















Tests

- Diagnostic performance characteristics
- Prevalence
- Context: diagnostic vs research
 - Work-up done in National TB programs vs TB tests done to evaluate new drugs in multi-centre study

	Clinical setting					
Tests	Specialist referral hospital (high prevalence)			Primary care (low prevalence)		
	Dise present	ease absent		Dise present	ase absent	
	test + 50	10	test +	50	100	
	test - 5	100	test -	5	1000	
	Sensitivity = 50/55 = 91% Specificity = 100/110 = 91%			Sensitivity = 50/55 = 91% Specificity = 1000/1100 = 91%		
	Prevalence = $55/165 = 33\%$		Prev	Prevalence = $55/1155 = 3\%$		
Predictive values by prevalence	PPV = 50/6 NPV = 100/1			PV = 50/150 = 1000/100		
0,8 AU 0,6 AU 0,4 0,2	/phprimer.afmc.ca/Part2	2-MethodsStudyingHealth/(Chapter 6 Methods Measur	ngHealth/Interpreti	ingtestsonindividuals	

0,2 0

0

0,2

0,4 0,6 Prevalence

0,8

1




Early microscope



- Mycobacteria do not stain well with Gram stain
- Carbol fuschin stain: heat softens waxy lipid wall \rightarrow penetration of stain (mixture of dye and phenol)
- Cooling \rightarrow acid alcohol "decolouriser" poured over it
 - acid removes carbol-fuschin from normal cells
 - cold waxy coat of "acid fast" bacteria repel the decolouriser and remain stained: "acid fast" means acid cannot decolourise them

Test/Procedure	Smear microscopy	
Type/Example	Carbol-fuchsin: Ziehl-Neelsen (ZN), Kinyoun Fluorochrome: Auramine, Auramine-Rhodamine	
Done	 Directly on specimen: direct smear On specimen after processing: concentrated smear On culture if positive: ZN 	
Sensitivity	 High bacterial load 5,000-10,000 bacilli /mL is required for detection (culture detects 10 to 100 bacilli/ mL) Compared to culture: Se 20-80% ↑ 18% with processing (concentrated)* ↑ 10% with fluorescent vs conventional microscopy* 	
Specificity	 All mycobacteria are acid fast Does not provide species identification Local prevalence of MTB and NTM determine the predictive values of a positive smear for MTB Cording suggestive of MTBC but also seen in some NTMs 	
Turnaround time	• 24h	
Reporting	WHO-IUATLD, ATS *Steingart Expert Rev. Anti Infect. Ther. 2007	



WHO Policy on Light Emitting Diode (LED) (2011):

- FM is 10% more sensitive and operational advantages
- Phased approach to change from brightfield to LED-based FM
- LED vs conventional FM: no dark room, less expensive lamps

Laboratory Diagnosis of Tuberculosis by Sputum Microscopy

op 🕕 Partnership

Reporting How to report

The number of AFB indicates how infectious the patient is. It is important to record exactly what you see.

man and

1

What you see	What to report
No AFB in 100 fields	No AFB observed
1 – 9 AFB in 100 fields	Record exact number of bacilli
10 – 99 AFB in 100 fields	1+
1 – 10 AFB per field, check 50 fields	2+
More than 10 AFB per field, check 20 fields 3+	

Brightfield | Method

Microscopy

A

TABLE 1. IUATLD QUANTITATIVE GRADING CONVENTIONS

ZN-Smear Microscopy		
Grade		
IUATLD	ATS	AFB*
Negative	Negative [†]	0 AFB/100 fields
Scanty	1+	1–9 AFB/100 fields
1+	2+	1–9 AFB/10 fields
2+	3+	1–10 AFB/field
3+	4+	>10 AFB/field

Laboratory Diagnosis of Tuberculosis by Sputum Microscopy



Reporting How to report

	1400 X	
What you see (200x)	What you see (400x)	What to report
No AFB in one length	No AFB in one length	No AFB observed
1-4 AFB in one length	1-2 AFB in one length	Confirmation required*
5-49 AFB in one length	3-24 AFB in one length	Scanty
3-24 AFB in one field	1-6 AFB in one field	1+
25-250 AFB in one field	7-60 AFB in one field	2+
>250 AFB in one field	>60 AFB in one field	3+

Fluorescence

Microscopy

Method

B

Confirmation required by another technician or prepare another smear, stain and read

Reporting



Due to an historical inaccuracy, the FM reporting scale for positive smears has been revised because the actual field observed is larger than previously calculated.

Low scanty positives, 1-4 AFB in one length at 200x magnification, or 1-2 in one length at 400x magnification should be confirmed by:

- viewing additional fields
- having another technician check the AFB morphology or
- collecting another sputum sample

Confirmation of FM low-positive smears by re-staining with ZN should not be done.



Ziehl Neelsen on positive culture





¹⁰ hours growth = > 1 Billion cells!

Test/Procedure	Processing (Decontamination-Digestion)
Type/Example	 NALC (N-acetyl L-cysteine)-NaOH (sodium hydroxide) Oxalic Acid
Done	Directly on specimens from non-sterile sites
Principle	 Decontamination (NaOH): To eliminate contaminants as much as possible without affecting the viability of mycobacteria Digestion (NALC): To release mycobacteria trapped in specimen mucus To improve the decontamination process To facilitate concentration of the specimen
Limitations	 Delicate procedure: if it is too harsh, the yield is affected, as mycobacteria are also killed; if too mild, specimens will be overgrown by other bacteria. Many manual steps. Optimal method for specimens other than sputum? Risk of <i>cross-contamination</i>
Result	N/A. Sediment or pellet obtained: used for smear, nucleic acid amplification test (NAAT) or culture
Quality indicator	<i>Contamination</i> rate: cultures overgrown by bacteria. Target: 3-5% (solid) and 8-10% (liquid)







Lowenstein-Jensen (LJ)

30011

Middlebrook 7H10 or 7H11 agar (plate, tube)





MGIT tube: Middlebrook 7H9 broth + <u>OADC enrichment</u>: oleic acid, albumin, dextrose, catalase + <u>PANTA antibiotic mixture</u> (polymyxin B, amphotericin B, nalidixic acid, trimethoprim, azlocillin)

- Nutrients: egg, potato, etc.
- LJ: Malachite green to inhibit bacteria
- Antibiotics can be added

MODS = Microscopic Observation Drug Susceptibility (Middlebrook 7H9 broth)

Thin Layer Agar (TLA): Microscopic on agar



Fig: Cultural Characteristics of Mycobacterium tuberculosis



Mycobacterial Growth Indicator Tube





Test/Procedure	Culture
Type/Example	 Solid vs Liquid: Solid egg based: Lowenstein-Jensen (LJ), Ogawa Solid agar based: Middlebrook 7H10, 7H11 Liquid: Middlebrook 7H9 Manual vs Automated (ex: MGIT 960,VersaTREK,MB/BacT ALERT) Non-selective or selective (ex: 7H11S)
Done	 On processed sample for non-sterile sites Directly on specimens for sterile sites
Sensitivity	 Considered gold standard (liquid and solid) Detects 10 (liquid) to 100 (solid) TB bacilli / mL
Specificity	 Depends on identification method
Turn around time	 8-10 days for smear-positive samples 2–6 weeks for smear-negative samples MGIT negative after 6 weeks (42 days). Solid often kept longer.
Limitations	 MGIT susceptible to contamination Cost, expertise, biosafety, delays
Reporting	 Qualitative: positive/negative for MTBC, etc. Quantitative: Solid: #colonies Liquid: time to detection (TTD)



Identification of *M. tuberculosis* from liquid culture





http://www.stoptb.org/wg/gli/assets/documents/gli mycobacteriology lab manual web.pdf

Identification methods

• Biochemical tests



- Growth rate, morphology, pigmentation, combination of biochemical tests (nitrate, NAP, etc) → abandoned
- No growth on medium with p-nitrobenzoic acid (PNB)
- High performance liquid chromatography (HPLC)
- Molecular methods
 - DNA probes (Accuprobe MTBC)
 - MPT64 antigen tests (lateral flow assays)
 - Nucleic acid amplification tests (NAAT)
 - Hain MTBDRplus done on positive culture
- Other methods

Test/Procedure	MPT64 antigen test (Immunochromatographic tests, lateral flow assay tests)	
Type/Example	– Capilia TB-Neo [Tauns Laboratories;Japan] – SD Bioline's TB Ag MPT64 Rapid Test [South Korea] – Becton Dickinson's TBcID[Maryland, USA]	
Principle	Detection of presence of the MTBC-specific protein MPT64 in culture isolates.	
Done	 On culture if positive (solid or liquid). Also works on contaminated cultures 	
Sensitivity	 Detection limit ~ 10⁵ CFU/ml: done on positive culture High Se (92.4%–99.2%) 	
Specificity	 High specificity (99-100%) Doesn't differentiate members of the MTBC Some substrains of M. bovis BCG lack MPT64 and will be negative Strains of microbes, such as S. aureus, that produce protein A may produce a false positive result 	
Turn around time	15 minutes	
Reporting	N/A. Part of the identification of positive cultures	

Identification of mycobacteria

- Usually, in the context of TB drug trials:
 - MTBC or not
 - NTM may or may not be identified to species level
- Differentiation within MTBC
 - Not differentiated by Xpert MTB/RIF, Hain MTBDRplus
 - Specialised testing
 - LPA for MTBC differentiation, PCR Region of Differences
 - Could be useful in the context of BCG studies

Nucleic acid amplification tests (NAAT)

- Many commercially available
- Most used TB high burden countries:
 - GeneXpert
 - Line probe assays (LPA) e.g.
 Hain MTBDRplus
- Detection of MTB
- Detection of drug resistance



Drug susceptibility testing (DST)

- Genotypic (molecular)
 DST
- Based on detecting the presence of wild-type sequences or mutations in genes known to be associated with antibiotic susceptibility or resistance.
- Phenotypic (culture based) DST
- Based on whether or not the organism can grow in the presence of the antibiotic
- Currently regarded as the gold standard
- Slow





The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812

Add 2:1 Sample

Buffer to sample

SEPTEMBER 9, 2010

, 2010 VOL. 363 NO. 11

Rapid Molecular Detection of Tuberculosis and Rifampin Resistance



3. Shake then stand

further 5 minutes

Begin Test...







FIGURE 2 Procurement of Xpert MTB/RIF modules and cartridges under concessionary pricing by quarter (Q) in 2010–2015 (Cepheid data).

Eur Respir J 2016;

Figure 2. GeneXpert instruments with 1, 2, 4 and 16 modules



http://www.who.int/tb/publications/diagnosis/en/

Xpert MTB/RIF assay for the diagnosis of pulmonary tuberculosis in children: a systematic review and meta-analysis

Anne K Detjen, Andrew R DiNardo, Jacinta Leyden, Karen R Steingart, Dick Menzies, Ian Schiller, Nandini Dendukuri, Anna M Mandalakas

Lancet Respir Med 2015; 3: 451–61

Test/Procedure	Nucleic acid amplification test	
Type/Example	GeneXpert MTB/RIF (Cepheid)	
Principle	Cartridge-based assay that integrates sample preparation, amplification, and detection of DNA. Real time PCR using molecular beacons (5 probes). Designed to identify RIF resistance mutations in an 81-bp region of rpoB gene: "Rifampicin-resistance-determining region" (RRDR)	
Done	On direct specimen or processed specimen (sediment)	
Sensitivity Specificity	 Cochrane adults 2014: For TB detection as smear replacement: Se 89% Sp 99% As add-on test after negative smear: Se 67% Sp 99% For RIF R detection: Se 95% Sp 98% Lancet Resp Med 2015 SR MA children: Compared to culture: Se 62% sputum 66% GL; Sp 98% For RIF R detection: Se 86% Sp 98% 	
Limitations	Initial high Se and Sp for detecting TB and DR, but afterwards concerns for false pos R→ other test to confirm DR (LPA, phenotypic). Also false negatives	
Turn around time	2h	



Xpert[®] MTB/RIF assay for pulmonary tuberculosis and rifampicin resistance in adults (Review)

Steingart KR, Schiller I, Horne DJ, Pai M, Boehme CC, Dendukuri N Cochrane Database of Systematic Reviews 2014, Issue 1.

For RIF R detection: Se 95% Sp 98% If pooled accuracy are applied to a hypothetical cohort of 1000 individuals where:

<u>15%</u> of those with symptoms are rifampicin resistant: Xpert®MTB/RIF would correctly identify 143 individuals as RIF R and miss 8 cases correctly identify 833 individuals as RIF S and misclassify 17 individuals as R

<u>5%</u> of those with symptoms are rifampicin resistant, Xpert® MTB/RIF would correctly identify 48 individuals as RIF R and miss 3 cases correctly identify 931 individuals as RIF S and misclassify 19 individuals as R

Xpert Ultra

- Improved limit of detection
 - 16 CFU/ml vs 114 CFU/ml Xpert MTB/RIF
 - Culture ~10 100
 - Smear microscopy ~10 000
- An additional semi-quantitative category ('trace') to take into account the higher sensitivity
 - Lowest bacillary burden for TB detection
 - Updated categories: high, medium, low, very low and trace

Ultra

REPORT FOR WHO

A multicentre non-inferiority diagnostic accuracy study of the Ultra assay compared to the Xpert MTB/RIF assay

Version 1.8 / February 2017

FIND

- Ultra vs Xpert in 1520 adults
 - Se Ultra 5% higher than Xpert
 - Highest in smear negative patients and HIV infected
 - Sp Ultra 3.2% lower than Xpert
 - Lowest in patients with history of TB. Detects non-viable bacilli. Problem in high endemic setting.
 - The impact of increased sensitivity results in decreased specificity for TB detection...and becomes a trade-off between increased diagnosis and overtreatment
 - As good accuracy for RIF detection

Ultra

• For EPTB and paediatric TB: 1 Se due to trace-call

- Se Ultra 95% vs 45% Xpert in TBM
- Se Ultra 71% vs 47% Xpert resp specimens children
- Positive Xpert Negative Culture



- The interpretation of Ultra results for MTB detection are the same as for Xpert MTB/RIF with the exception of "trace calls".
- Ultra has high sensitivity for MTB detection and incorporates a new semiquantitative category "trace call" that corresponds to the lowest bacillary burden for MTB detection. Interpret "trace calls" as follows:
 - Among persons with HIV, children and extrapulmonary specimens "trace calls" should be considered to be true positive results for use in clinical decisions and patient follow-up;
- Ultra has both high sensitivity and specificity for rifampicin resistance detection.

http://who.int/tb/publications/2017/XpertUltra/en/



- All persons with rifampicin resistance, identified by Ultra should undergo further testing as per current WHO policy guidance to determine if there is additional resistance to the class of fluoroquinolones and/or the group of second-line injectable drugs.
- Ultra can be used on all GeneXpert instrument platforms and is suitable for use at central or national reference laboratory level, regional and district levels. GeneXpert has the potential to be

Planning for country transition to Xpert® MTB/RIF Ultra Cartridges

Population-level projection using TB prevalence of 20%

	NUMBER OF RESULTS PER 1,000 INDIVIDUALS TESTED (200 WITH TB, 800 WITHOUT TB)		
OUTCOME	XPERT MTB/RIF SENS = 83% SPEC = 98%	ULTRA SENS = 88% SPEC = 95%	ULTRA WITHOUT TRACE ^b SENS=85% SPEC=97%
True positives (TPs) (individuals with TB)	166	176	170
False negatives (FNs) (individuals incorrectly classified as not having TB)	34	24	30
False positives (FPs) (individuals incorrectly classified as having TB)	16	42	24
True negatives (TNs) (individuals without TB)	784	758	776
FPs per 10 TPs	1.0	2.4	1.4
Incremental FP/TP ratio ^a		2.6	1.8

Note: Accuracy estimates are based on a 30% proportion of smear-/culture+ among TB cases, and a 21% proportion of having a prior TB episode (as in FIND study)

- ^a Computed as (# Ultra FPs # Xpert FPs)/(# Ultra TPs # Xpert TPs). Can be interpreted as "How many additional FPs do I get per additional TP detected with Ultra **over and above** Xpert MTB/RIF?"
- ^b For the Ultra without trace analysis, 'MTB detected trace' results were considered as negative results

http://www.stoptb.org/wg/gli/assets/documents/GLI ultra.pdf

Test/Procedure	Nucleic acid amplification test: Line Probe Assays	
Type/Example	 Hain MTBDRplus to detect MDR-TB by detecting mutations in rpoB gene (RIF) and katG and inhA (INH) Hain MTBDRsI to detect XDR-TB by detecting mutations in genes for susceptibility to FQs (ofloxacin, moxi, levo) and second line injectable drugs (SLIDs; amikacin, kanamycin, and capreomycin) 	
Principle	Hybridization of labeled amplicons (amplified by PCR from M. tuberculosis DNA present in patient specimens) to oligonucleotide probes arranged on a membrane strip	
Done	On processed specimen (sediment) from smear positive or negative patient OR on positive culture	
Sensitivity Specificity	See next slides	
Limitations	 Open tube format: possible cross contamination Requires appropriate laboratory infrastructure and equipment Reading strips: possible subjectivity LPAs are less sensitive for the detection of isoniazid resistance 	
Turn around time	24-48h	


l	 Conjugate Control (CC)
1	 Conjugate Control (CC) Amplification Control (AC)
	 <i>M. tuberculosis</i> complex (TUB)
+	 rpoB Locus Control (rpoB)
1	 <i>rpoB</i> wild type probe 1 (<i>rpoB</i> WT1)
1	 rpoB wild type probe 2 (rpoB WT2)
1	 rpoB wild type probe 3 (rpoB WT3)
1	 rpoB wild type probe 4 (rpoB WT4)
1	 <i>rpoB</i> wild type probe 5 (<i>rpoB</i> WT5)
1	 <i>rpoB</i> wild type probe 6 (<i>rpoB</i> WT6)
1	 rpoB wild type probe 7 (rpoB WT7)
1	 <i>rpoB</i> wild type probe 8 (<i>rpoB</i> WT8)
1	 rpoB mutation probe 1 (rpoB MUT1)
+	 rpoB mutation probe 2A (rpoB MUT2A)
1	 rpoB mutation probe 2B (rpoB MUT2B)
1	 rpoB mutation probe 3 (rpoB MUT3)
	 <i>katG</i> Locus Control <i>(katG)</i>
	 katG wild type probe (katG WT)
	 katG mutation probe 1 (katG MUT1)
	 katG mutation probe 2 (katG MUT2)
1	 inhA Locus Control (inhA)
I	inhA wild type probe 1 (inhA WT1)
I	 inhA wild type probe 2 (inhA WT2)
	inhA mutation probe 1 (inhA MUT1)
	inhA mutation probe 2 (inhA MUT2)
	inhA mutation probe 3A (inhA MUT3A)
	 inhA mutation probe 3B (inhA MUT3B) colored marker
	 colored marker



RIF resistance



- WHO Policy update LPA INH RIF 2016
- Test accuracy LPA for <u>direct</u> testing compared with phenotypic RIF DST (done on <u>sputum</u>):
 - Sensitivity: 0.96 (95% CI:0.95-0.97)
 - Specificity: 0.98 (95% CI: 0.97-0.99)
- Test accuracy LPA for <u>indirect</u> testing compared with phenotypic RIF DST (done on <u>culture</u>):
 - Sensitivity: 0.97 (95% CI: 0.95-0.98)
 - Specificity: 0.99 (95% CI: 0.99-1.00)

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INH resistance

- Resistance-conferring mutations in inhA and katG genes account ~ 90% of INH R detected by phenotypic DST
- Test accuracy LPA for <u>direct</u> testing compared with phenotypic INH DST (done on <u>sputum</u>):
 - Sensitivity: 0.89 (95% CI: 0.86–0.92)
 - Specificity: 0.98 (95% CI: 0.97–0.99)
- Test accuracy LPA for <u>indirect</u> testing compared with phenotypic INH DST (done on <u>culture</u>):
 - Sensitivity: 0.91 (95% CI: 0.89–0.93)
 - Specificity: 1.00 (95% CI: 0.99–1.00)
- Conventional culture-based DST should be used in the follow-up evaluation of patients with a high risk for INH R and a negative LPA result, especially in settings with a high pre-test probability of INH R
 - A 90% prevalence of INH R likely in a population of MDRTB patients when a patient is diagnosed by the Xpert MTB/RIF assay



Test result	Number of	results per 10 tested (95% C	Number of	Quality of the Evidence	
lest result	5% 10% 15% prevalence prevalence prevalence		participants (studies)	(GRADE)	
True positives (patients with isoniazid resistance)	45 (43–46)	134 (129–138)	803 (772- 827)	3 <i>576</i> (46)	Moderate
False negatives (patients incorrectly classified as not having isoniazid resistance)	5 (4-7)	16 (12-21)	97 (73-128)		
True negatives (patients without isoniazid resistance)	935 (926–940)	836 (829–841)	98 (97–99)	6 896 (46)	Moderate
False positives (patients incorrectly classified as having isoniazid resistance)	15 (10–24)	14 (9–21)	2 (1-3)		

Hain MTBDRsl

Table 1. Characteristics of Genotype MTBDRsI versions 1.0 and 2.0 as per manufacturer

Detection	Version 1.0 <i>M. tuberculosis</i> complex and resistance to fluoroquinolones, SLIDs and ethambutol	Version 2.0 <i>M. tuberculosis</i> complex and resistance to fluoroquinolones and SLIDs		
		Smear-positive and smear-negative specimens and culture isolates		
Fluoroquinolone resistanceMutations in resistance-determining region of the gyrA gene		Mutations in resistance-determining regions of the <i>gyrA</i> and <i>gyrB</i> genes		
SLID resistance	Mutations in resistance determining region of the <i>rrs</i> gene	Mutations in resistance determining region <i>rrs</i> gene and the <i>eis</i> promoter region		
Ethambutol resistance	Mutations in the <i>embB</i> gene	Not included		



GenoType∞ MTBDRsl assay for resistance to second-line antituberculosis drugs (Review)

Theron G, Peter J, Richardson M, Warren R, Dheda K, Steingart KR

Cochrane Database of Systematic Reviews 2016, Issue 9. /

VERSION 1 (compared to culture based DST) 26 studies

- FQ R: direct testing, MTBDRs/
 Se 86.2% Sp 98.6% smear-positive specimen
 FQ R: indirect testing, MTBDRs/
- Se 85.6% Sp 98.5% smear-positive specimen
- *SLID R:* direct testing, MTBDRs/ *Se* 87.0% Sp 99.5% smear-positive specimen *SLID R: in*direct testing, MTBDRs/ *Se* 76.5% Sp 99.1% smear-positive specimen
- *XDR-TB:* direct testing, MTBDR*sl* Se 69.4% Sp 99.4% smear-positive specimen
- *XDR-TB: in*direct testing, MTBDR*sl* Se 70.9% Sp 98.8% smear-positive specimen

VERSION 2 (compared to culture based DST) 1 study

FQ R: direct testing, MTBDRs/
Se 97% Sp 98% smear-positive specimen
Se 80% Sp 100% smear-negative specimen

SLID R: direct testing, MTBDR*sl Se* 89% Sp 90% smear-positive specimen
 Se 80% Sp 100% smear-negative specimen

XDR-TB: direct testing, MTBDRs/
 Se 79% Sp 97% smear-positive specimen
 Se 50% Sp 100% smear-negative specimen



For patients with confirmed rifampicin-resistant TB or MDR-TB, SL-LPA may be used as the initial test, instead of phenotypic culture-based DST, to detect resistance to fluoroquinolones

(Conditional recommendation; moderate certainty in the evidence for test accuracy for direct testing of sputum specimens; low certainty in the evidence for test accuracy for indirect testing of *Mycobacterium tuberculosis cultures*).

For patients with confirmed rifampicin-resistant TB or MDR-TB, SL-LPA may be used as the initial test, instead of phenotypic culture-based DST, to detect resistance to the second-line injectable drugs

(Conditional recommendation; low certainty in the evidence for test accuracy for direct testing of sputum specimens; very low certainty in the evidence for test accuracy for indirect testing of *Mycobacterium tuberculosis* cultures).

http://www.who.int/tb/publications/molecular-test-resistance/en/

Table 1. 2016 Tuberculosis Diagnostics Pipeline: Products in Later-Stage Development or on Track for Evaluation by the WHO with New Published Data or Policy Updates Since the 2015 Pipeline Report

Test	Туре	Sponsor	Status	Comments
MOLECULAR/NAAT			·	
BD MAX MTB assay	qPCR for MTB in automated BD MAX	BD	In 16 <i>M. tuberculosis</i> samples, 100% sensitivity, 97.1% specificity ⁶	
Genedrive MTB/RIF	Portable RT-PCR for MTB + RIF resistance	Epistem	Worse sensitivity than smear [!] in 2016 study ⁷	Marketed in India
GenoType MTBDR <i>plus</i>	Line probe assay for RIF + INH resistance	Hain Lifescience	WHO now recommends based on FIND evaluation ⁸	WHO guidance pendir
GenoType MTBDRs/	Line probe assay for FQ + SLID resistance	Hain Lifescience	WHO now recommends9	FIND's multicountry evaluation of MTBDRs version 2.0 from 2015 still unpublished
MeltPro	Closed-tube RT-PCR	Zeesan Biotech	New study from China of 2,057 smear- positive TB patients shows sensitivity of detecting resistance to rifampin 94.2%, isoniazid 84.9%, ofloxacin 83.3%, amikacin 75.0%, kanamycin 63.5% ¹⁰	
NTM+MDRTB Detection Kit 2	Line probe assay for RIF + INH resistance	Nipro	WHO now recommends based on FIND evaluation ¹¹	WHO guidance pendir
RealTime MTB/ TB MDx m2000	Automated RT-PCR for MTB; can be added to HIV RNA platform	Abbott	Sensitivity 100%, 95% CI: 98.6–99.9 in smear-positive samples, similar to GeneXpert MTB/RIF ¹²	
Truenat MTB	Chip-based NAAT with RT-PCR on handheld device for MTB	Molbio Diagnostics, Bigtec Labs	FIND and ICMR studies underway	
Xpert MTB/RIF Ultra	Next-generation cartridge-based detection of MTB + RIF resistance	Cepheid	FIND study results anticipated end 2016	
Xpert Omni	Single-cartridge mobile platform that can use single MTB/RIF or Ultra cartridge	Cepheid	FIND study pending but delayed	
Xpert XDR	NAAT	Cepheid	FIND study anticipated 2018	



NAAT in TB drug trials

- Adult TB drug trials
 - Screening tests for patient enrolment
 - e.g. r/o MDR if drug susceptible TB study
 - e.g. confirm FQ susceptibility in MDR-TB study giving FQ
 - Always confirmed by culture
- Paediatric TB
 - Xpert part of TB confirmed definition
 - Xpert usually done on specimen and Hain done on culture

Drug susceptibility testing (DST)

- Molecular: done on sample or on culture
 - GeneXpert
 - LPA: Hain MTBDRplus and MTBDRsl
 - Whole genome sequencing
- Phenotypic (culture-based)
 - On sample (direct) or on culture (indirect)
 - On liquid culture or on solid culture
 - Methods: proportion method (most used), absolute concentration method, and resistant ratio method



Agar proportion method for drug-susceptibility testing.

Quadrant plate—Inoculum of *M. tuberculosis* growth from liquid media has been inoculated into each of the 4 quadrants with the following results:



Control quadrant: 90 colonies Isoniazid (INH) quad: 30 colonies Rifampin (R) quad: 23 colonies Streptomycin (S) quad: 0 colonies Isoniazid 30/90 = 33% resistant Rifampin 23/90 = 25% resistant Streptomycin 0/90 = susceptible This is an MDR-TB isolate.

> The isolate is considered resistant if the number of colonies in the drug quadrant is equal to or more than 1% of that in the control quadrant

Drug Susceptibility Testing on Solid Medium **Indirect Proportion Method**



Organism is resistant to drug A in the upper right compartment (>1% of inoculum shown by upper left control quadrant is growing in presence of drug). Organism is susceptible to drugs B & C in the lower quadrants. Control quadrant in upper left contains no drugs.



quadrant

- MGIT DST is a modified proportion method
- Results in 4-14 days after the test is set up
- The method is based on the fluorescence produced from reduced oxygen in the MGIT medium due to microbial growth.
- The fluorescence generated is then converted to "growth units" (GU). In general, more GU indicates more growth.
- When the growth control generates GU to 400 within 4-14 days, the DST is valid for interpretation:
 - If a drug-containing MGIT tube yields GU<100, the organism is interpreted as being susceptible
 - If GU is ≥100, the organism is considered resistant.



EMB

Figure 2 – AST Carrier (5-tube set)



Updated critical concentrations for first-line and second-line DST (as of May 2012)



Drug group ^a	Drug	DST method available	DST critical concentrations (µg/ml)			
			Löwenstein- Jensen ^b	Middlebrook 7H10 [♭]	Middlebrook 7H11 [♭]	MGIT960
Group 1 First-line oral anti-TB agents	Isoniazid Rifampicin ^c Ethambutol ^d Pyrazinamide	Solid, liquid Solid, liquid Solid, liquid Liquid	0.2 40.0 2.0 -	0.2 1.0 5.0	0.2 1.0 7.5	0.1 1.0 5.0 100.0
Group 2 Injectable anti-TB agents	Streptomycin ^e Kanamycin Amikacin Capreomycin	Solid, liquid Solid, liquid Solid, liquid Solid, liquid	4.0 30.0 30.0 40.0	2.0 5.0 4.0 4.0	2.0 6.0 -	1.0 2.5 1.0 2.5
Group 3 Fluoroquinolones	Ofloxacin ^f Levofloxacin Moxifloxacin ^g Gatifloxacin ^h	Solid, liquid Solid, liquid Solid, liquid Solid	4.0 - - -	2.0 1.0 0.5/2.0 1.0	2.0 - - -	2.0 1.5 0.5/2.0 -
Group 4 ⁱ Oral bacteriostatic second-line anti-TB agents	Ethionamide Prothionamide Cycloserine <i>P</i> -aminosalicylic acid	Solid, liquid Solid, liquid Solid Solid, liquid	40.0 40.0 30.0 1.0	5.0 - - 2.0	10.0 - - 8.0	5.0 2.5 - 4.0
Group 5 ⁱ Antituberculosis agents with unclear efficacy (not recommended by WHO for routine use in MDR-TB patients)	Clofazimine Amoxicillin/clavulanate Clarithromycin Linezolid	Liquid None None Liquid		- - - -	- - - -	- - 1.0

^a WHO Guidelines for the programmatic management of drug-resistant tuberculosis.

^b Indirect proportion method recommended. Other solid media methods (resistance ratio) have not been adequately validated for second-line drugs. Concentrations for the absolute concentration method were not evaluated.

^c Rifampicin borderline resistance more frequently missed by MGIT. Prevalence and geographical distribution of borderline resistance not clear, final LJ interpretations should be made after 6 weeks ^d Ethambutol 5ug/ml in MGIT is not equivalent to other methods. Ethambutol testing in 7H11 not equivalent to 7H10. There is insufficient evidence to recommend a change in concentration for any method

^e Streptomycin has a bimodal distribution of MIC values. Insufficient evidence to recommend a change.

^f Ofloxacin concentration in LJ media increased to 4.0ug/ml. Insufficient data to extrapolate change in 7H10 or 7H11 methods.

⁹ Moxifloxacin. Two concentrations proposed. In programmes using both ofloxacin/levofloxacin and moxifloxacin, possible testing is for moxifloxacin only at both concentrations OR test ofloxacin/levofloxacin and moxifloxacin at higher concentration. In programmes using ofloxacin/levofloxacin only test only these drugs. In programmes using only moxifloxacin test at higher concentration of moxifloxacin only.

^h Gatifloxacin only to be used in exceptional circumstances.

¹ Routine DST for group 4 and 5 drugs is not recommended. Linezolid suitable for testing in MGIT only.

http://www.stoptb.org/wg/gli/assets/documents/Updated%20critical%20concentration%20table 1st%20and%202nd %20line%20drugs.pdf

New Method for *Mtb* Drug Susceptibility Testing – MIC Plate



- Broth microdilution method
- Multicenter studies supporting FDA-submission completed²
- Rapid (14 days)
- Contains INH, RIF, EMB, and 9 second-line drugs
- Test first- and second-line drugs simultaneously with same inoculum
- Provides MIC endpoint helpful for isolates with MIC near critical concentration (CC) breakpoint that give fluctuating results w/CC method



Drug susceptibility testing (DST)

- Discordants
 - Different genotypic tests
 - Genotypic and phenotypic tests
 - Genotypic and/or phenotypic tests and clinical response to treatment

REVIEW ARTICLE

INT J TUBERC LUNG DIS 20(1):24–42 © 2016 The Union http://dx.doi.org/10.5588/ijtld.15.0221 E-published ahead of print 17 November 2015

Clinical implications of molecular drug resistance testing for *Mycobacterium tuberculosis*: a TBNET/RESIST-TB consensus statement

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Gold standard

13. If the results of molecular and culture-based drug susceptibility testing differ, what is the gold standard?

The level of discordance between molecular and culture-based DST depends on the drug and the genomic region evaluated. Despite the fact that results of phenotypic methods do not always correspond to response to clinical treatment, culture-based methods are still regarded by most experts involved in this document as the gold standard for DST.

Agreed: 13; disagreed: 0; abstained: 0.

Drug susceptibility testing (DST)

- In TB drug trials
 - Screening using NAATs
 - Hain can help to guide OBR
 - MGIT DST
 - DST for new TB drugs or MICs sent to reference lab
- Complex and evolving field
 - Role for both phenotypic and genotypic methods

Whole genome sequencing





	Advantages	Disadvantages	Applications
IS6110 restriction fragment length polymorphism44	High discriminatory index	Requires culture and DNA extraction; cannot differentiate between drug-sensitive and drug-resistant strains	Identification of transmission chains, mechanism leading to primary resistance, and temporal changes in the strain population
Spoligotyping ⁶⁶	Direct genotyping of clinical specimens; global reference database; relatively inexpensive; requires fewer laboratory resources	Low discriminatory index; undergoes homoplasy; cannot differentiate between drug-sensitive and drug-resistant strains	Classification of strains according to lineages, re-infection, and strain migration
Mycobacterial interspersed repetitive unit-variable number tandem repeat (MIRU-VNTR) ⁶⁷⁻⁶⁹	Direct genotyping of clinical specimens; high discriminatory index; global reference database	Undergoes homoplasy; cannot differentiate between drug-sensitive and drug-resistant strains	Identification of transmission chains and mechanisms leading to primary resistance
Targeted gene sequencing (Sanger) ⁵⁸⁷⁰	Direct genotyping of clinical specimens; relatively inexpensive	Information limited to nucleotide variants in a selected set of genes; no strain type information	Identification of mutations conferring resistance
Targeted deep sequencing ⁷¹⁻⁷³	Direct genotyping of clinical specimens	Information limited to nucleotide variants in a selected set of genes; no strain type information; more expensive; requires high-level laboratory infrastructure	Identification of mutations conferring resistance and heteroresistance
Whole-genome sequencing ⁷⁴⁻⁷⁸	Comprehensive analysis of the genome of the pathogen	Requires culture (or specimen enrichment); more expensive; might be computationally demanding or complex	Identification of transmission chains, mutations conferring resistance, heteroresistance (low resolution), mixed infections, specimen heterogeneity, and intrapatient evolution

Lancet Respir Med 2017; 5: 291–360

Phases of laboratory testing



Lab report

- Important to understand what tests are done
- Verify results for all specimens collected
- Verify final reports
- Contact laboratory if unclear

PARTIAL FINAL LABORATORY REPORT

MICROBIOLOGY

Tel: 021 417 9360/1

Specimen received: Sputum (Suspect new : Omths) Tests requested: GeneXpert, TB mic, TB cult, TB antigen

Real time PCR for M. tuberculosis PCR result Rifampicin

(GeneXpert): Mycobacterium tuberculosis complex detected Resistant

This patient has presumptive MDR-TB. Please refer URGENTLY to an appropriate treatment facility. Send a 2nd sample for microscopy, TB culture and further susceptibility testing for confirmation.

Auramine O Stain: Result (concentrated) Smear Negative (No AFB/100 immersion fields) TB Culture: MGIT Culture result Culture positive. AFBs observed. Incubation time 20 days Time to detection in days Mycobacterial Identification - Antigen: Result Mycobacterium tuberculosis complex

Identification of positive culture

Hain MTBDRplus

Molecular resistance testing for first line agents for TB: Test performed on: PCR/Line Probe Assay Result Cultured isolate Mycobacterium tuberculosis complex

Isoniazid (INH) Rifampicin

Resistant Resistant

This patient has multi-drug resistant tuberculosis. Please ensure that this patient has been referred to an appropriate treatment facility. 2nd line susceptibility testing will follow.

This isolate has a mutation in the inhA gene, which has been shown to correlate with ethionamide resistance. This may also represent low-level INH resistance, and addition of INH in high doses may be useful.

Antimycobacterial Drug Sensitivity Testing:

Second Line Drugs - Agar Culture Based: Amikacin Sensitive Ofloxacin Sensitive



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