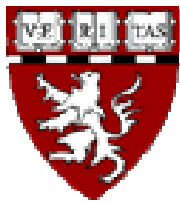




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# Modeling HIV Prevention Modalities for Children

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Supported by IMPAACT, NICHD, NIAID, the World Health Organization, and amFAR, with prior support from the Charles Hood, March of Dimes, and Elizabeth Glaser Pediatric AIDS Foundations

# Outline

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- Modeling and cost-effectiveness analyses
- Examples of model-based analyses in PMTCT and pediatric HIV
- Proposed application of modeling methods to emerging questions in PMTCT: example of immunoprophylaxis
- Next steps and future collaborations



# Role of Model-based Analyses

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- Balance of risks and benefits (costs and benefits)
- Questions not amenable to trials or cohort studies
  - Long follow up would be needed
  - Ethics and feasibility concerns
  - Difficult to ascertain outcomes (e.g., for those not in care)
- Integrate current data from multiple sources
- Explicitly vary uncertain data parameters, to determine if policy conclusions will change

# Model-based Analyses

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- Project different kinds of outcomes
  - Clinical and epidemiologic outcomes
  - Short-term costs (budget impact analysis)
  - Long-term costs (cost-effectiveness analysis)

# Outline

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- Modeling and cost-effectiveness analyses
- **Examples of model-based analyses in PMTCT and pediatric HIV**
- Proposed application of modeling methods to emerging questions in PMTCT: example of immunoprophylaxis
- Next steps and future collaborations

# CEPAC-Pediatric Model

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- Adult: 1993 (Ken Freedberg); Pediatric: 2009+: IMPAACT, NIAID, EGPAF, NICHD, WHO
- Monte Carlo simulation model (individual agent)
  - Birth through entire lifetime
  - Enter as intrauterine-infected, intrapartum-infected, HIV-exposed/uninfected (at risk for postpartum infection), HIV-unexposed
  - CD4- and age-stratified OI and mortality risks; modified by ART
- Data: from clinical trials, cohorts, published literature
  - Clinical data: East African research cohort data; calibrated to pooled analyses from 8 sub-Saharan African countries, P1060
  - Costs: testing, HIV and OI care, ART, laboratory tests
- Project short- and long-term OI risk, survival, ART use, costs; compare clinical outcomes and cost-effectiveness



# CEPAC Early Infant Diagnosis (EID) Analyses

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- Analyses conducted for WHO 2015 guidelines
- What is the value of birth testing, in addition to or instead of currently-recommended 6-week testing?
  - Role for 10-week testing, alone or with birth testing?

# EID in the CEPAC Model

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- Simulate all steps in the EID cascade
- HIV detection: EID or opportunistic infection (OI)
- Nucleic acid test (NAT) at select ages
  - Birth, 6 weeks, 10 weeks, and combinations
- Selected input parameters (all varied widely)
  - Sensitivity:
    - 0% first month after infection (except IU detectable at birth)
    - 100% thereafter
  - Specificity: 98.8%
  - Assay cost: \$25





# First Modeled Scenario for WHO Guidelines

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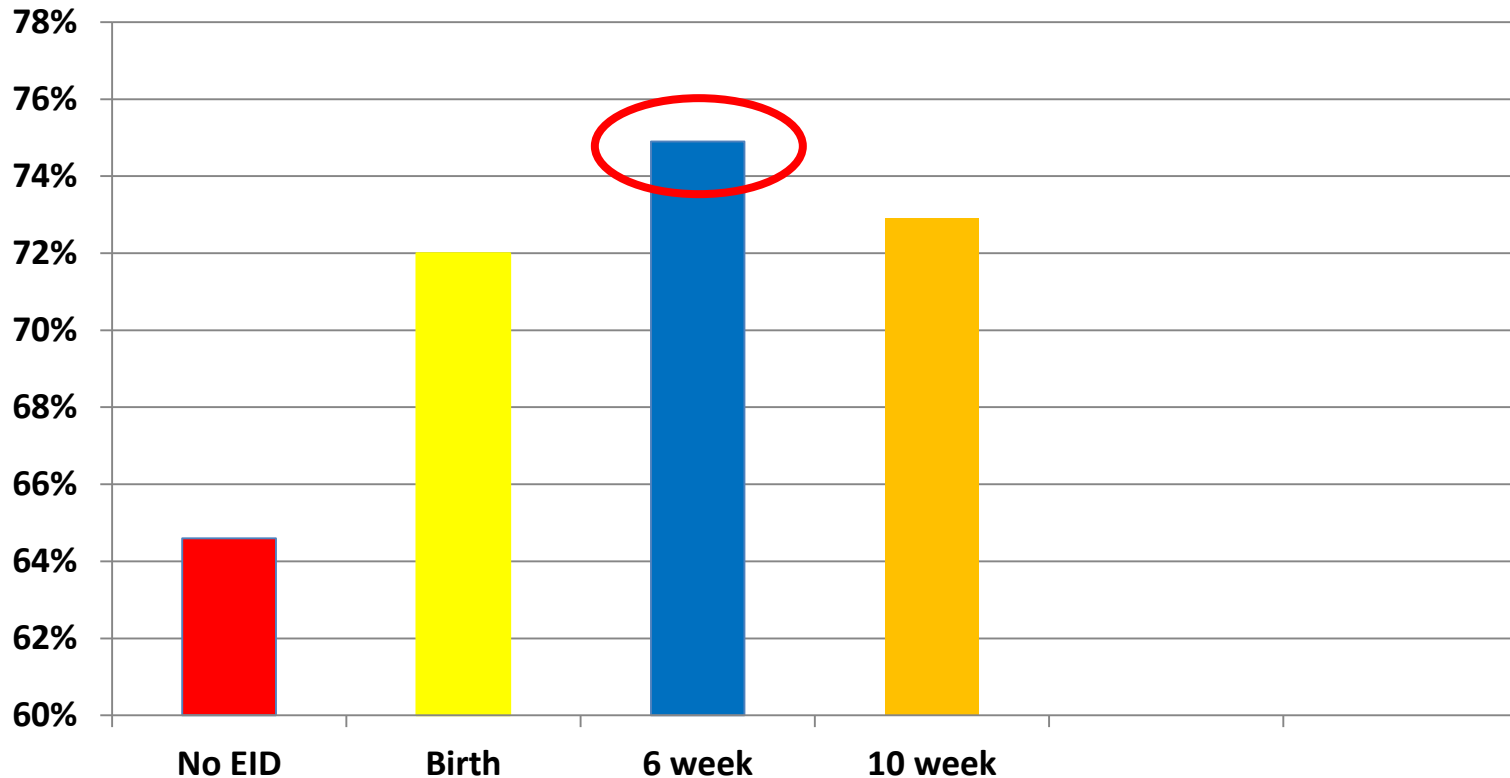
- Infants of women known to be living with HIV
- South Africa
- 90% ART coverage for PMTCT
- 80% breastfeeding (median 12 months)
- Guideline-concordant EID uptake: 100% testing uptake, result return, linkage to care

# Infant Transmission Results

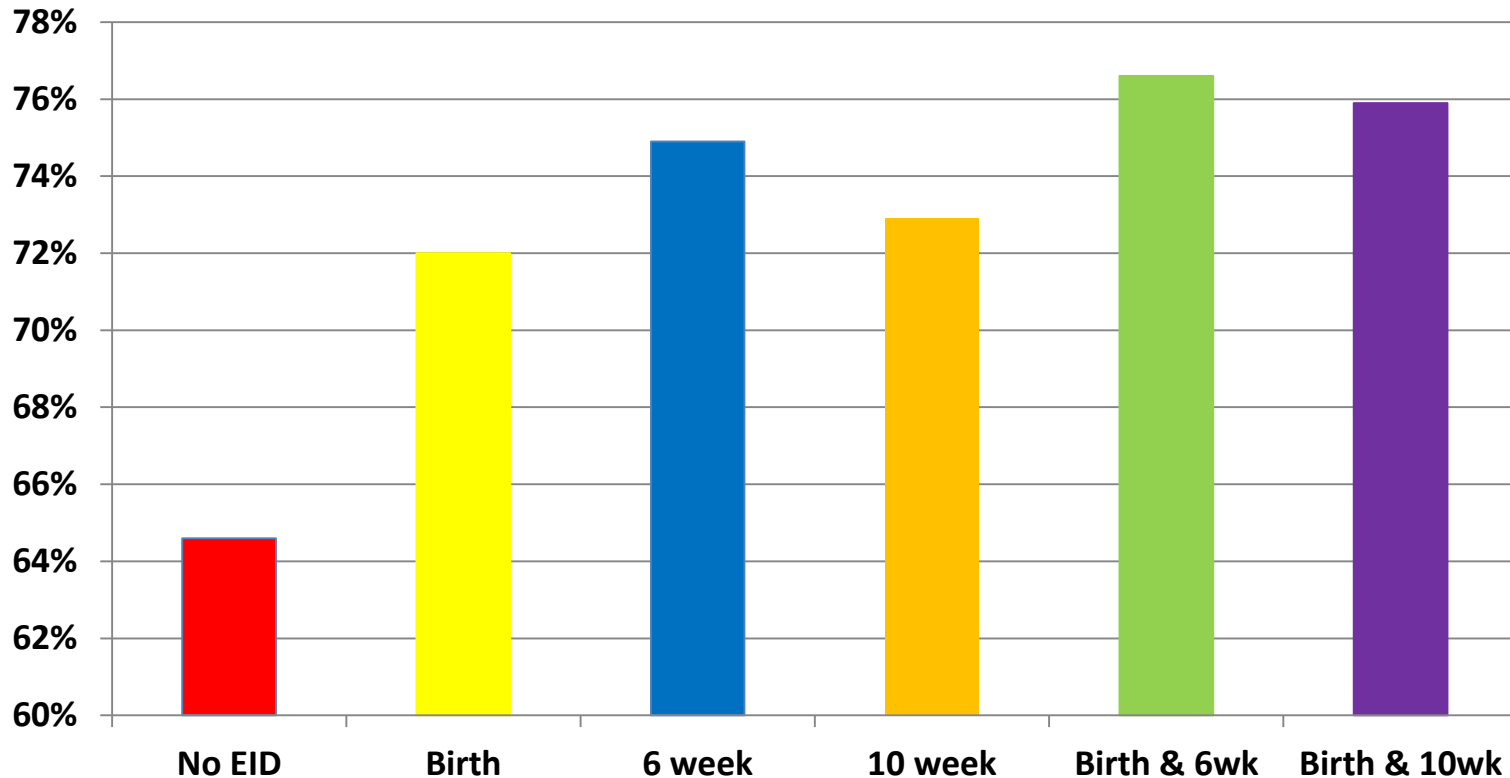
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- Overall risk: 4.9%
  - 1.8% intrauterine infection
  - 1.2% intrapartum infection
  - 1.9% postpartum infection
- 95.1% HIV-exposed/uninfected

# One-year Survival (HIV-infected): Testing Once

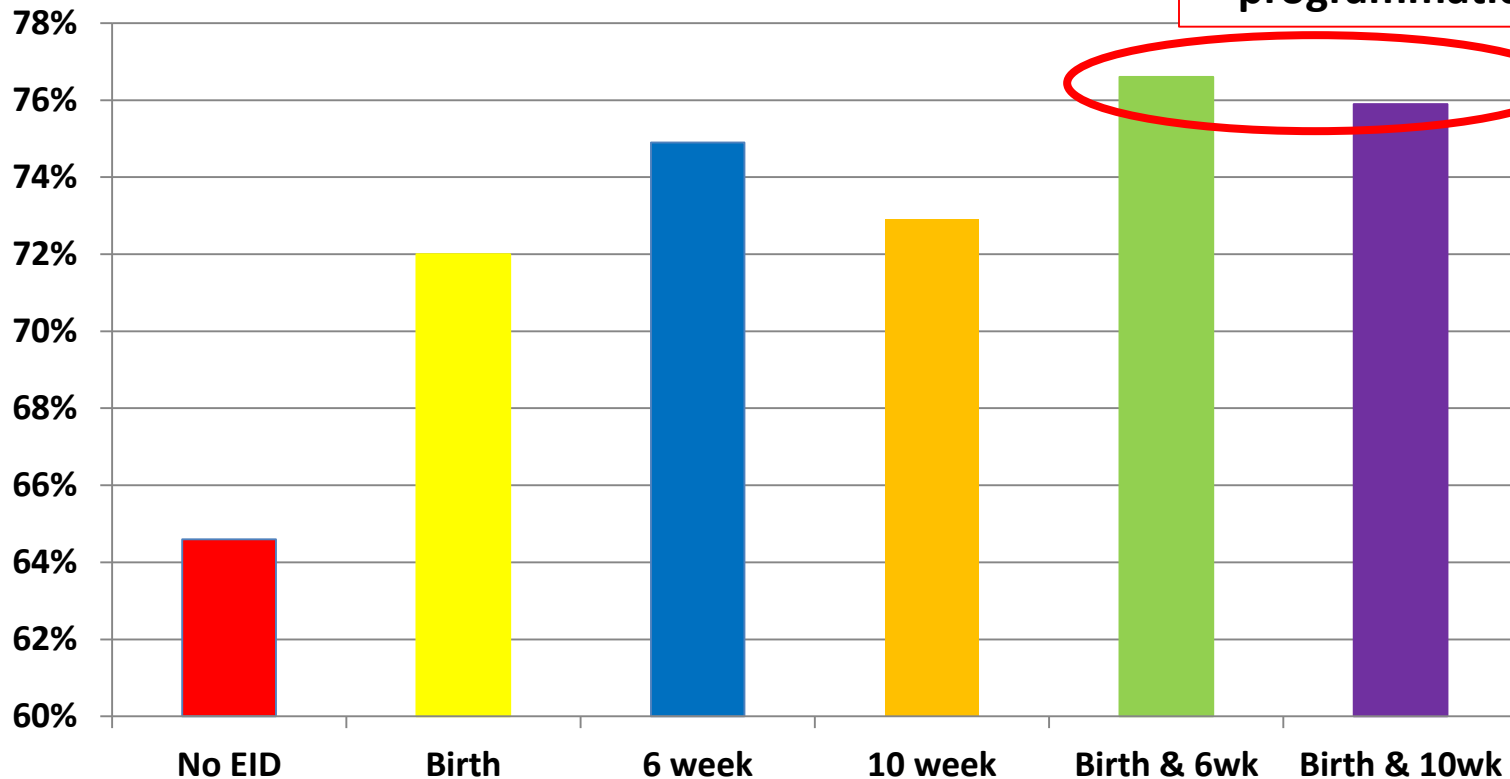


# One-year Survival (HIV-infected): Testing Twice



# One-year Survival (HIV-infected)

Choose based on  
programmatic factors



# Additional Outcomes

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- Short-term costs
- Long-term (lifetime) costs
- Life expectancy
- Lifetime projections: cost-effectiveness ratios in \$/year of life saved (YLS)
  - No EID: Comparator
  - Birth: dominated (inefficient use of resources)

# Additional Outcomes

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- Short-term costs
- Long-term (lifetime) costs
- Life expectancy
- Lifetime projections: cost-effectiveness ratios in \$/year of life saved (YLS)
  - No EID: Comparator
  - Birth: dominated (inefficient use of resources)
  - 6 weeks vs. no EID: \$1,250/YLS
  - Birth & 6 weeks vs. 6 weeks: \$2,900/YLS
- Less than 50% GDP ( $0.5 \times \$6,500 = \$3,250$ )

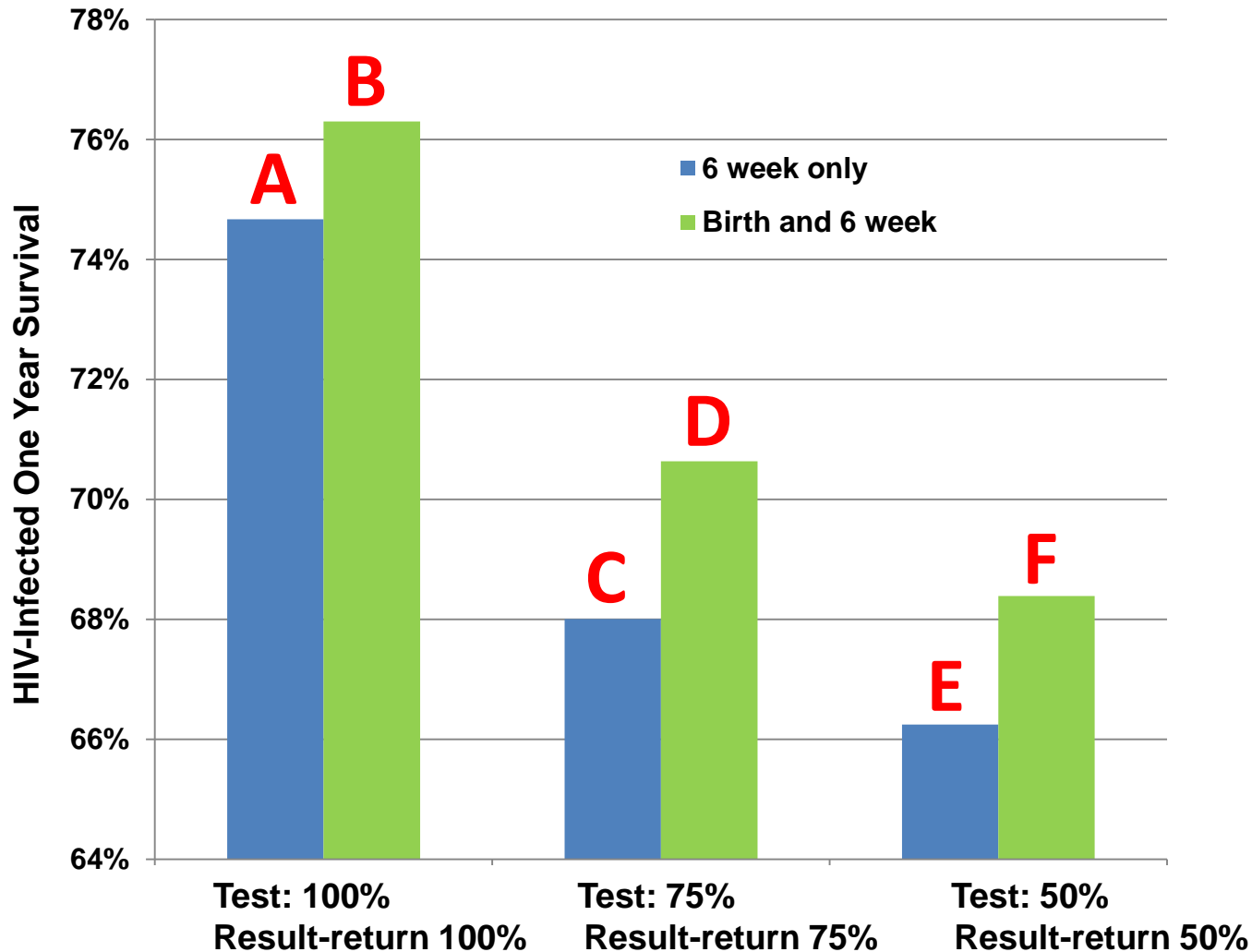
# Key Findings (WHO 2015) - 1

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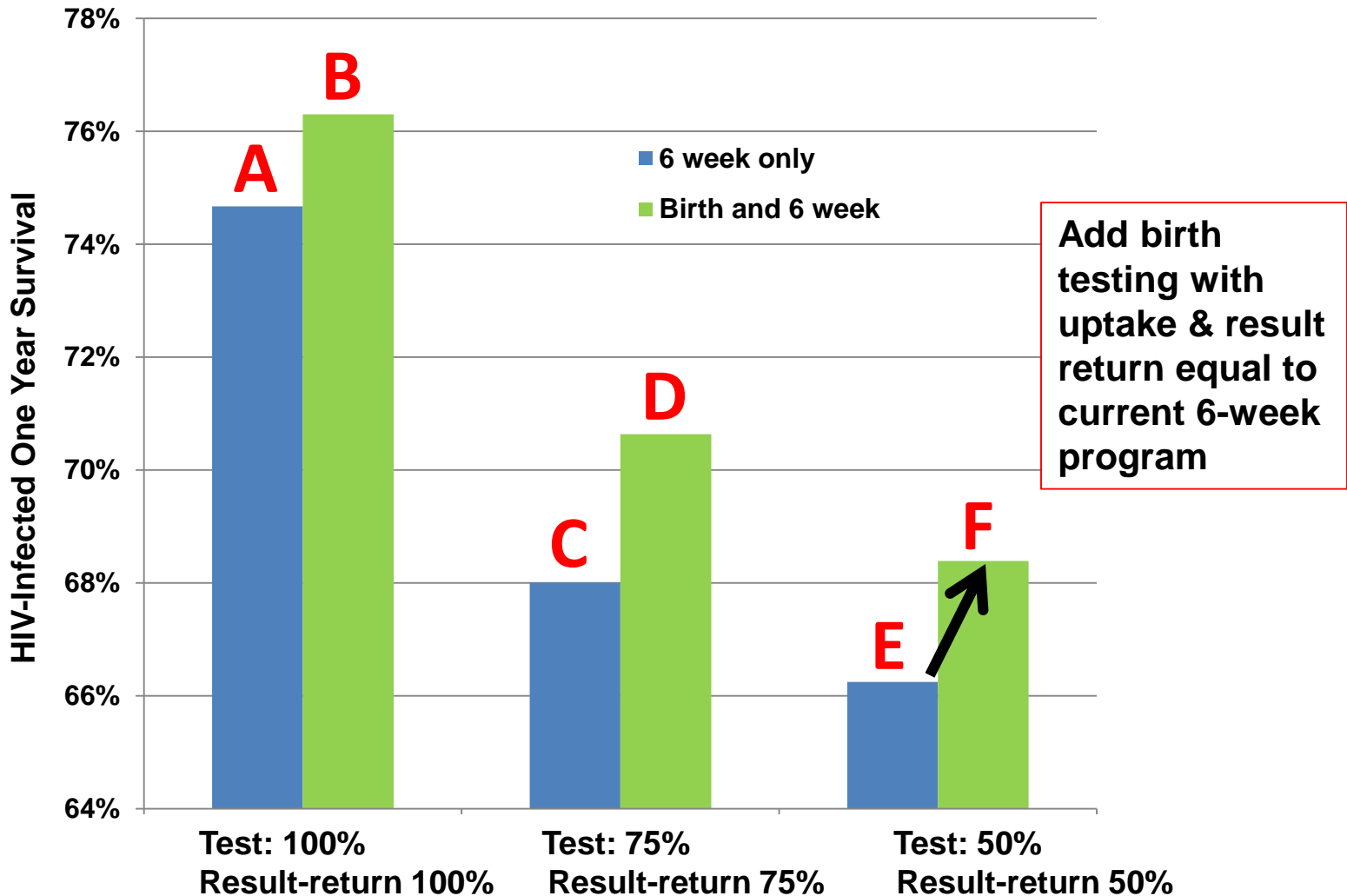
- Testing once: 6 weeks is clinically and economically superior to birth or 10 weeks
- Testing twice: markedly improves outcomes and is cost-effective in South Africa, compared to 6 weeks alone



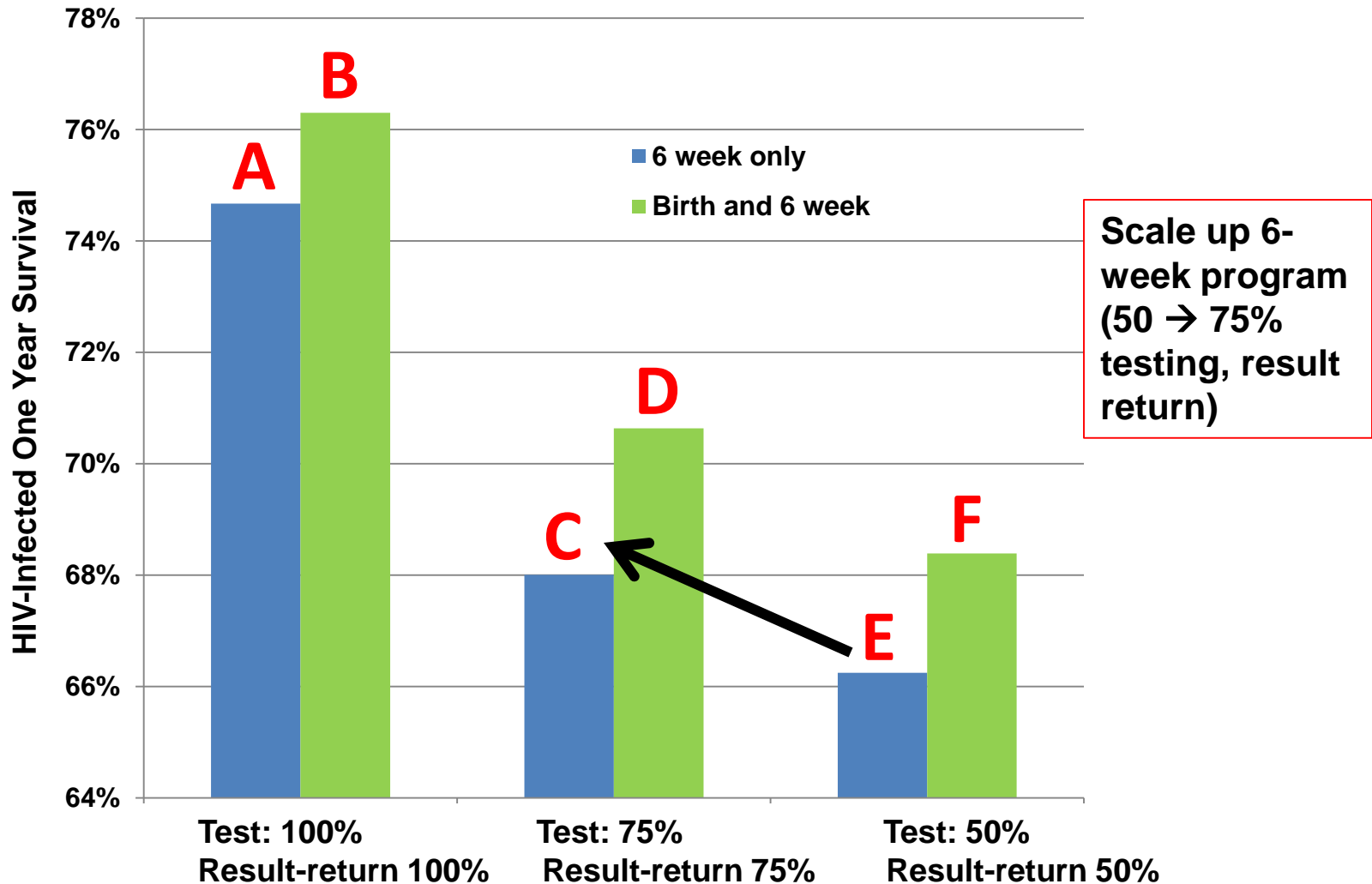
# Capacity to Examine Tradeoffs in Implementation: Example



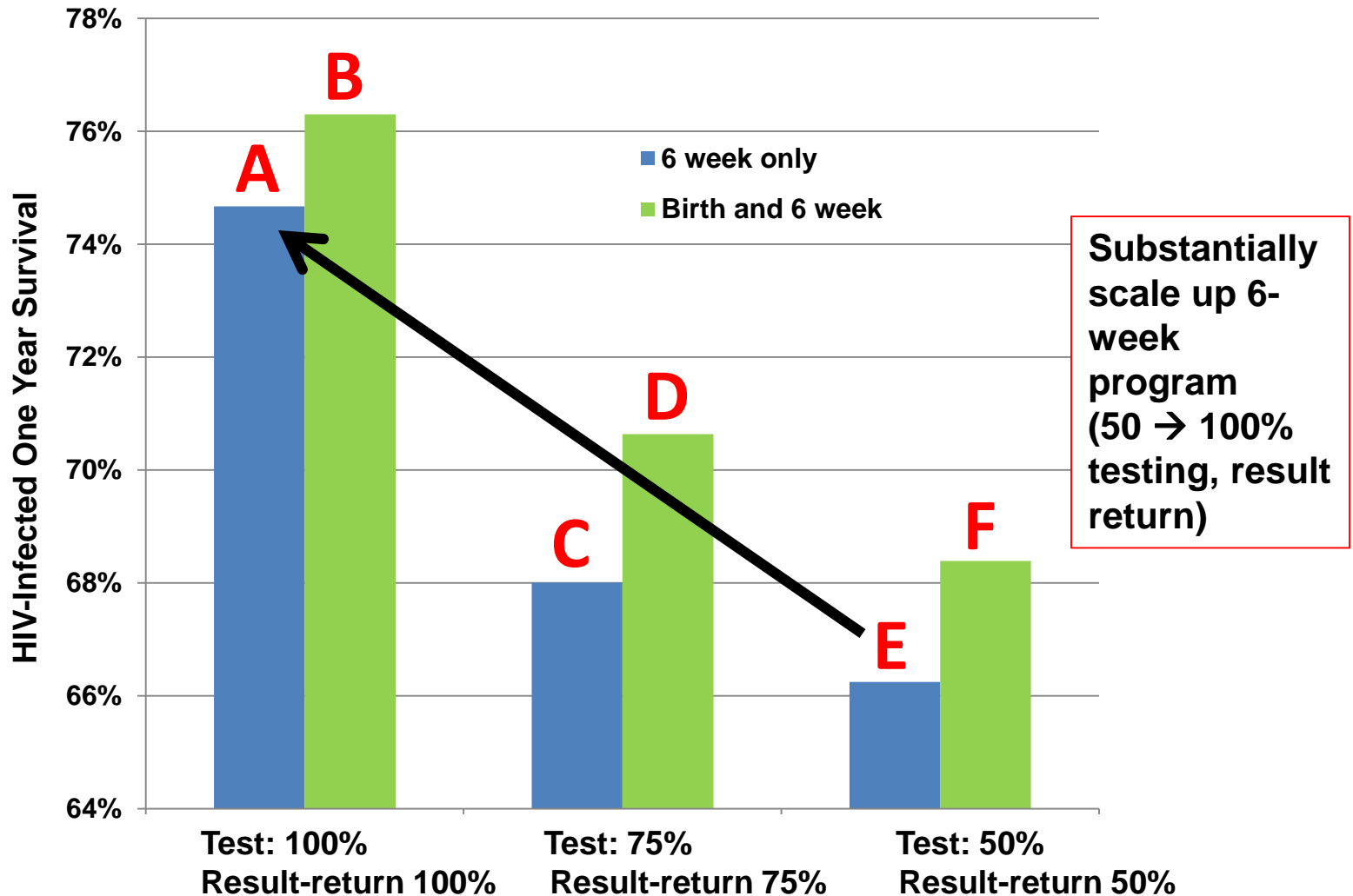
# Capacity to Examine Tradeoffs in Implementation: Example



# Capacity to Examine Tradeoffs in Implementation: Example



# Capacity to Examine Tradeoffs in Implementation: Example



# Key Findings (WHO 2015) - 2

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- If scale-up costs are comparable, programs with incomplete 6-week EID coverage should scale up 6-week programs before adding birth testing

# Key Findings (WHO 2015) - 3

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- Avoiding loss to follow-up after birth testing is critical
  - Negative birth test only rules out intrauterine infection; later testing is needed to evaluate intrapartum and early postpartum infections
  - If >37% of infants with negative birth test fail to return at 6 weeks, survival benefits of adding birth testing are lost



# Additional Analyses (IMPAACT, EGPAF, NIAID, NICHD, WHO, March of Dimes)

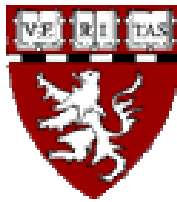
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- EID
  - Confirmatory testing (Dunning)
  - Impact of PMTCT scale-up on the value of birth testing (Frank)
  - Point-of-care EID assays in Zimbabwe (Frank)
  - Screening for HIV exposure at immunization visits (Dunning)
- Pediatric and adolescent
  - First-line ART, NEVEREST3 and MONOD trials (Desmonde)
  - Adolescent HIV testing in the US (Neilan)
- PMTCT
  - Zimbabwe: reaching “eMTCT,” CE of Options A, B, B+
  - South Africa: point of care CD4, MCH-ART trial (Dugdale)
  - PROMISE sub-study (Dugdale)



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# Thank You


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# Cost-effectiveness Analysis

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- Cost-effective  $\neq$  saves money
- Cost-effective  $\neq$  cheap
- A more effective intervention is often more expensive.  Is the additional benefit worth the additional cost?
- “Value for money:” For any given health care budget, maximize the overall benefit conferred
- Many additional factors: feasibility, ethics/equity, political motivation, priority populations

# Cost-effectiveness Analysis

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- Two different outcomes
- Measured (e.g., from trial) or projected (modeled)
  - Cost (in dollars or other currency)
  - Effectiveness:
    - Life-years
    - Quality-adjusted life-years (QALYs)
    - (Infections averted, cases detected, patients initiated on ART, etc.)
- *Cost-effective: compared to what?*

# Is It Worth It?

Incremental Cost (A → B)

-

+

Incremental  
Health Effect  
(A → B)

+

-

Yes	Evaluate C/E Ratio
Evaluate C/E Ratio (?)	No

# Cost-Effectiveness Ratios

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- Incremental cost-effectiveness ratio (A → B):

$$\frac{\text{Additional Resource Use (\$)}}{\text{Additional Health Benefits (YLS)}}$$

- \$/Year of life saved (YLS)
- Lower ratio: more cost-effective
- What are we willing to pay for 1 year of healthy life?
  - WHO: <1x GDP = very CE; <3x GDP = cost-effective
  - Too high: Move towards 50% GDP
  - Equity: Compare to current programs (ART: \$500-1,500/YLS)

# Summary: CE Analysis

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- One of many factors in decision-making
  - Affordability
  - Ethics, political will, feasibility, priority populations
- Formal methodology to assess value for investment and guide allocation of scarce resources
- In guideline development, a useful adjunct to empiric clinical data and model-projected clinical and epidemiologic outcomes