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# HIV Drug Resistance at Mother-to-Child Transmission & Emergence During Breastfeeding

Presented by Ceejay Boyce, PhD Student

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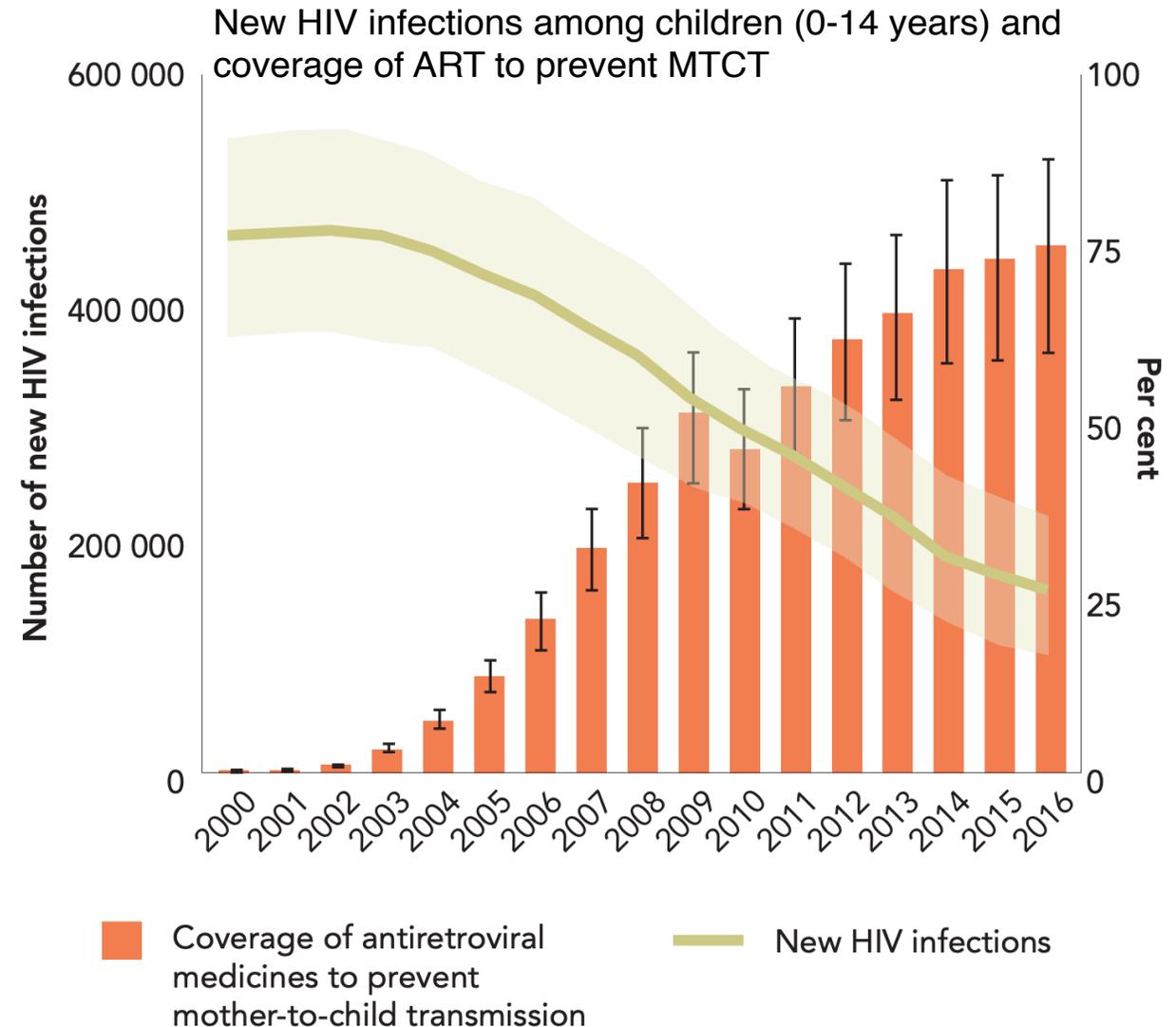
Co-Authors: Tatiana Sils, Daisy Ko, Annie Wong-on-Wing, Sheila Styrchak, Ingrid Beck, Patricia DeMarrais, Camlin Tierney, Lynda Stranix-Chibanda, Taha E Taha, Maxensia Owor, Mary Glenn Fowler, Lisa Frenkel, for the Promoting Maternal and Infant Survival Everywhere (PROMISE) Study Team

# Disclosures

- No conflicts of interest to disclose

# HIV Mother-to-Child Transmission (MTCT)

- Global effort to eliminate HIV MTCT to reduce the total number of new HIV infections annually
- Without ART, HIV MTCT rates range from 15-45%
- ↑ ART coverage = ↓ in MTCT



# HIV Drug Resistance

- ↑ ART coverage = ↑ rates of pre-treatment drug resistance
- **Women have higher rates of pre-treatment drug resistance**
  - Diagnosed earlier in course of infection due to pregnancy
- Unknown if drug resistance (**DR**) in mothers increases the risk of MTCT

In several low- and middle-income countries,

**1 in 10** 

**adults** starting HIV treatment harbour resistant virus

**3 in 10** 

**adults restarting first-line ART** with prior exposure to antiretroviral drugs harbour resistant virus

## Women



starting first-line ART are **two times more** likely than men to harbour a resistant virus

# Study Goals



**Aim 1:** Assess the association of maternal DR with the risk of MTCT



**Aim 2:** Describe DR in HIV-infected infants

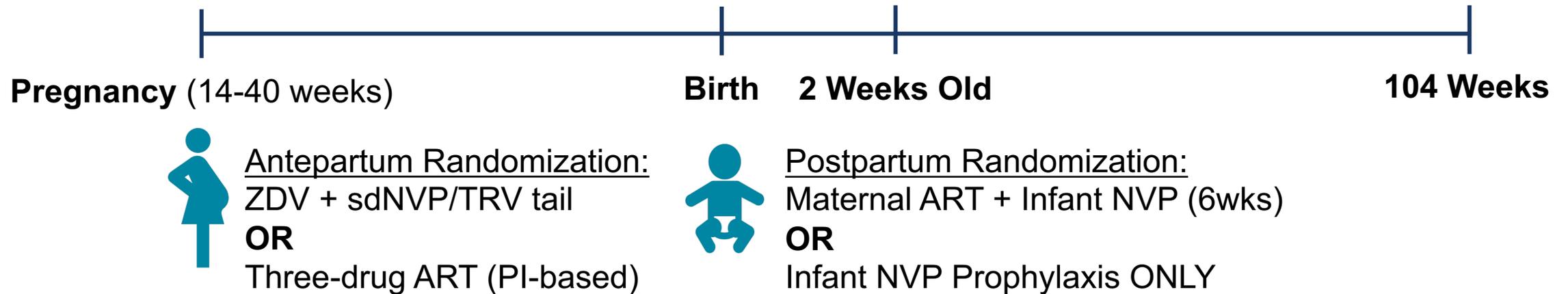
# Study Population & Case-Control Design

- **Population:** mother-infant pairs from the PROMISE 1077 BF Study
  - Trial across 14 clinical sites in Malawi, South Africa, Zimbabwe, Tanzania, Uganda, Zambia, & India



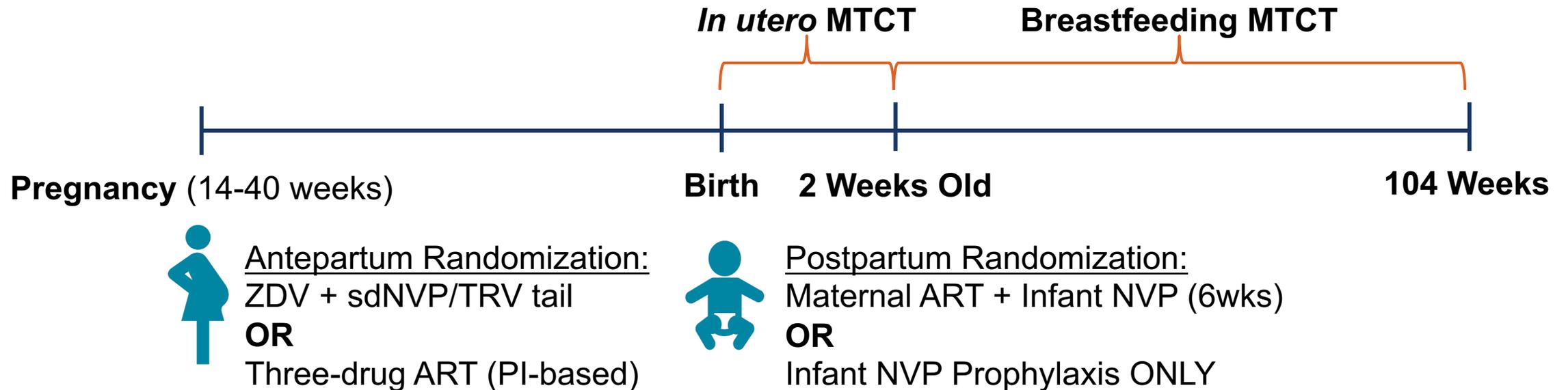
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- **Design of case-control study:**

- 1:3 case-control ratio of HIV-infected mothers, matched by delivery date and clinical site
  - Cases = transmitting mothers and their infants (n = 85)
    - 48 *in utero*/peripartum infections
    - 37 breastfeeding infections
  - Controls = non-transmitting mothers (n = 254)

# Study Design



**Aim 1:** Assess the association of maternal DR with the risk of MTCT

- ↳ Compare rate of HIV DR in case (MTCT) vs control (no MTCT) mothers; adjusting for HIV RNA viral load and antepartum treatment regimen

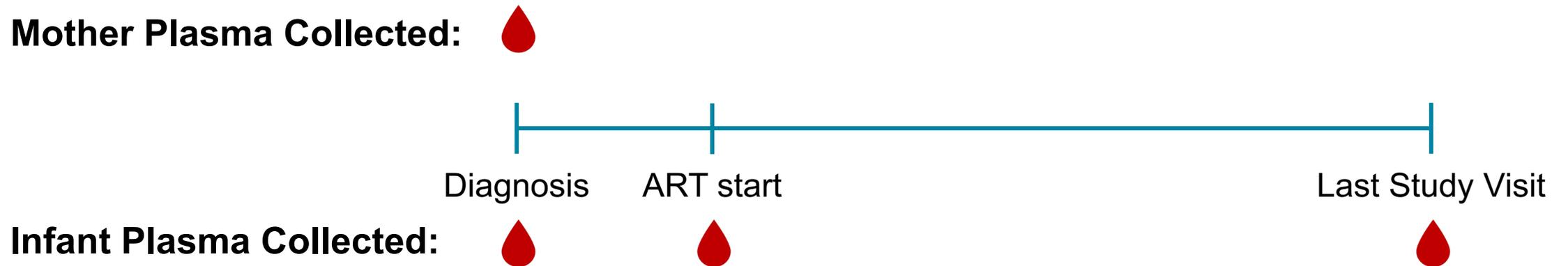


**Aim 2:** Describe DR in HIV-infected infants

- ↳ Compare rate of HIV DR in infants with *in utero* MTCT vs breastfeeding MTCT at HIV diagnosis and over time

# Study Methods

- Genotypic HIV drug resistance by consensus sequencing of HIV *pol*



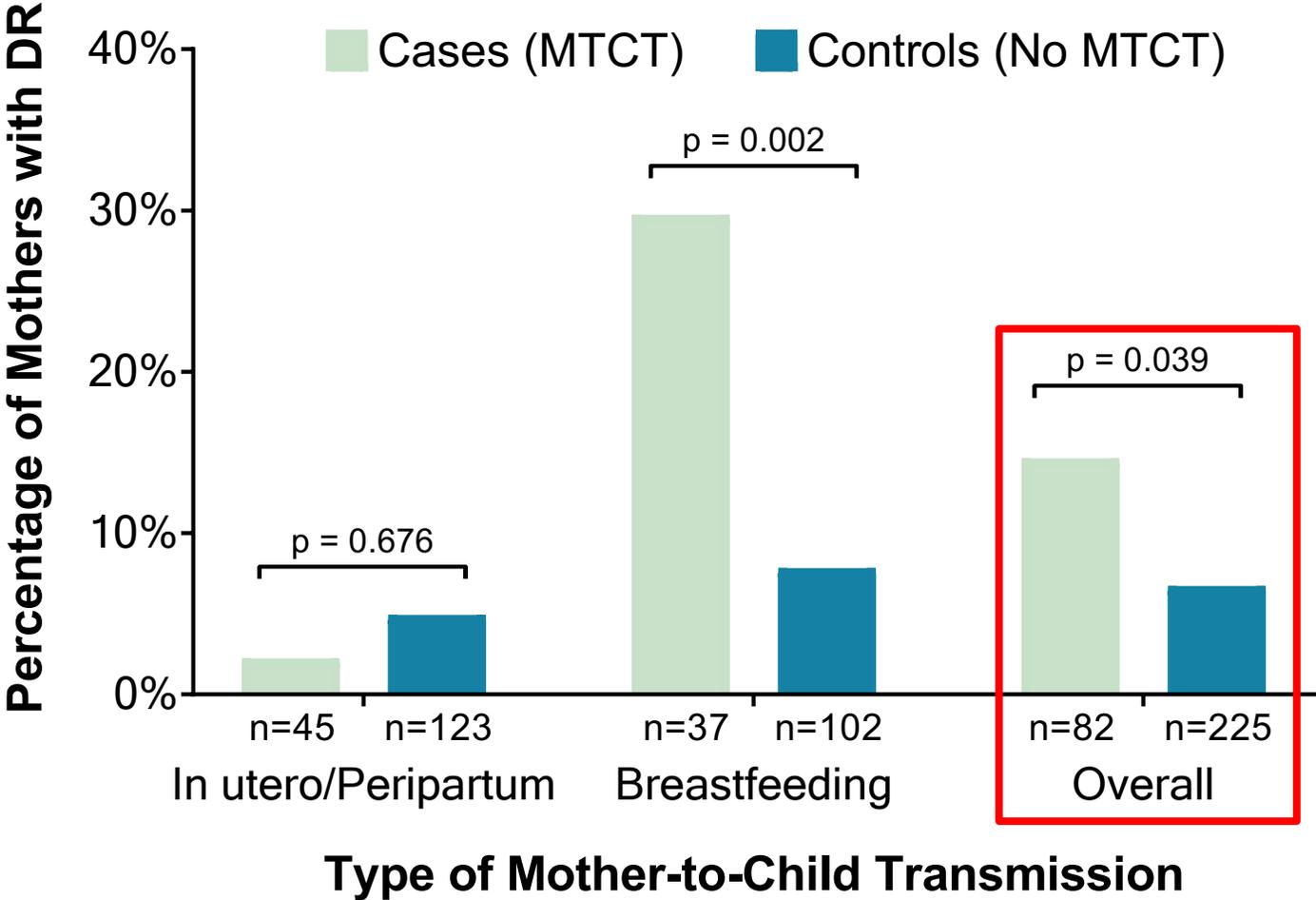
- Mothers and infants categorized as wild-type (**WT**) or drug resistant (**DR**) using major drug resistance mutations defined by Stanford HIV Database

**Aim 1:** Assess the association of maternal DR with the risk of MTCT

**Hypothesis:** Presence of DR HIV in maternal plasma will be associated with increased risk of MTCT compared to mothers with WT HIV

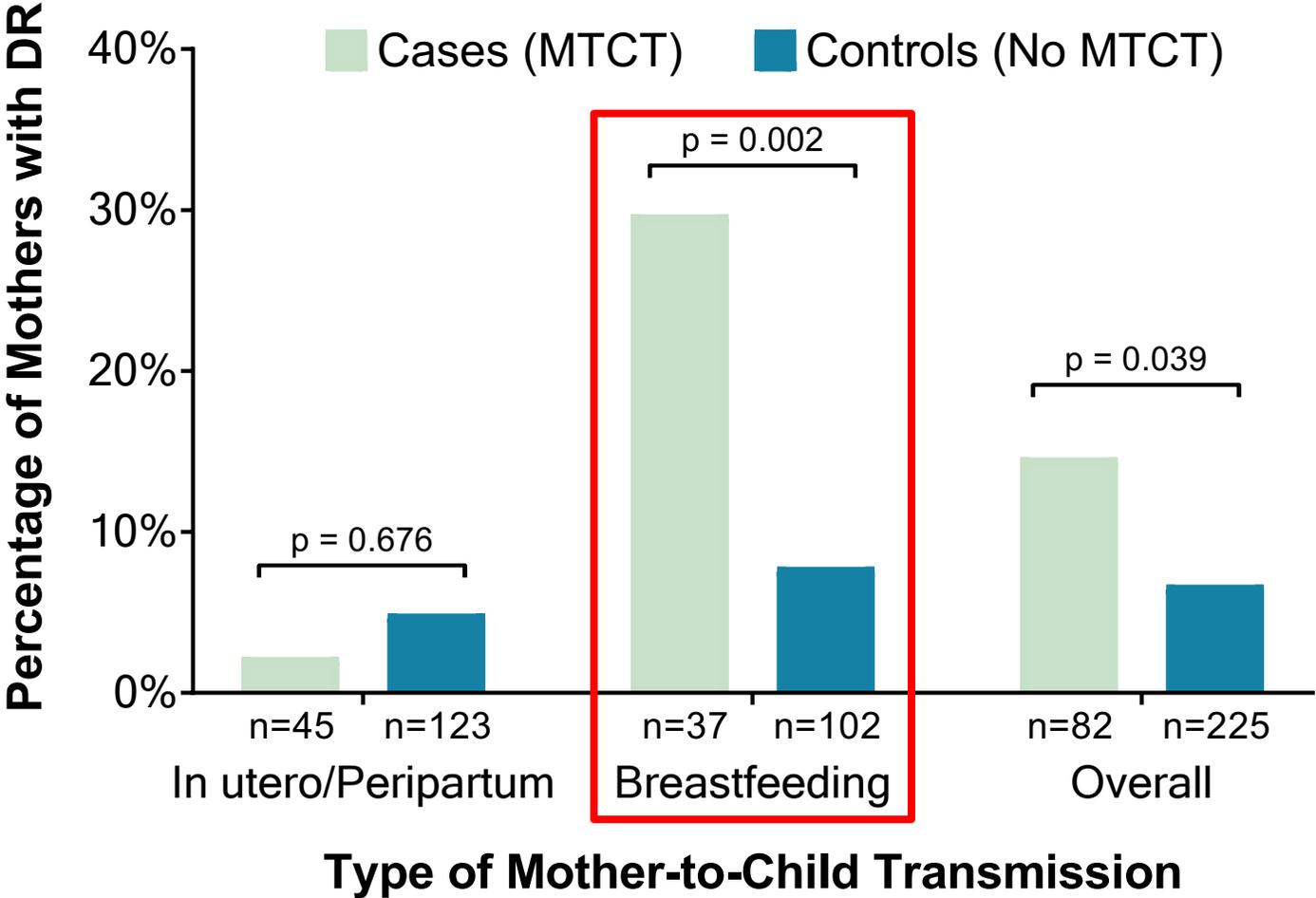
# Results: DR greater in maternal cases vs controls at infant HIV diagnosis

- Overall, transmitting mothers had a higher probability of DR at infant HIV diagnosis (14.6% vs 6.2%,  $p=0.039$ )



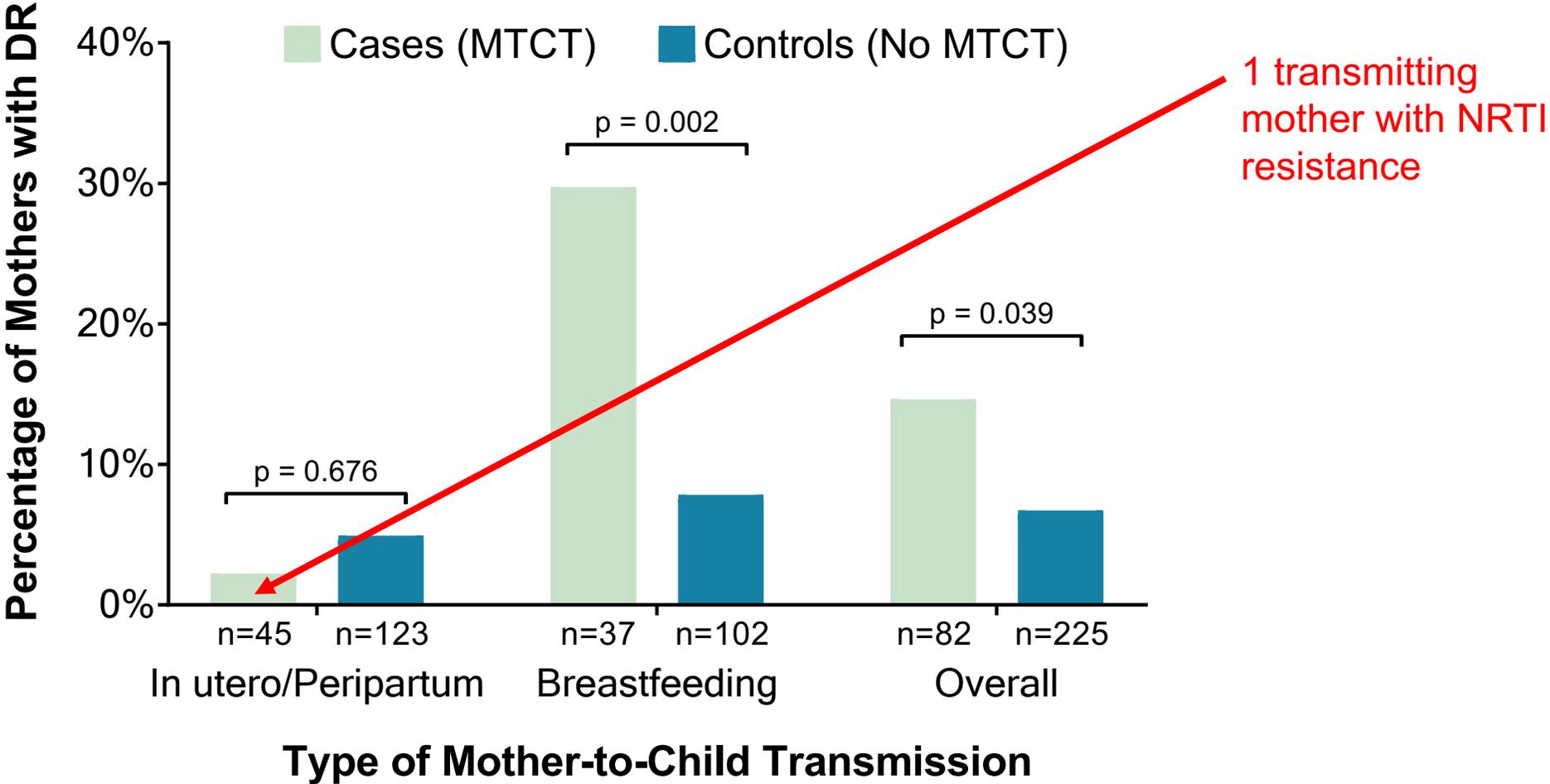
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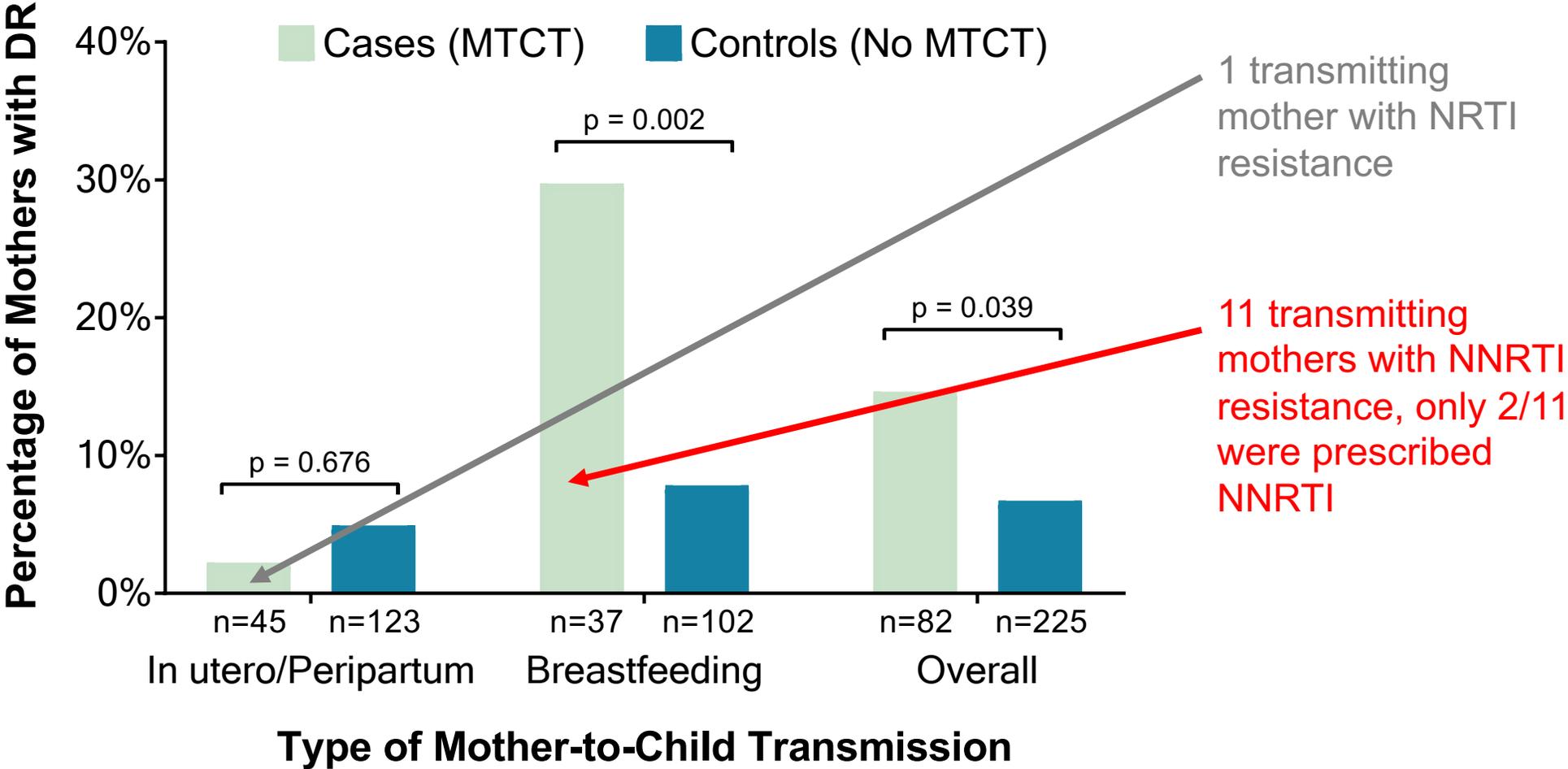
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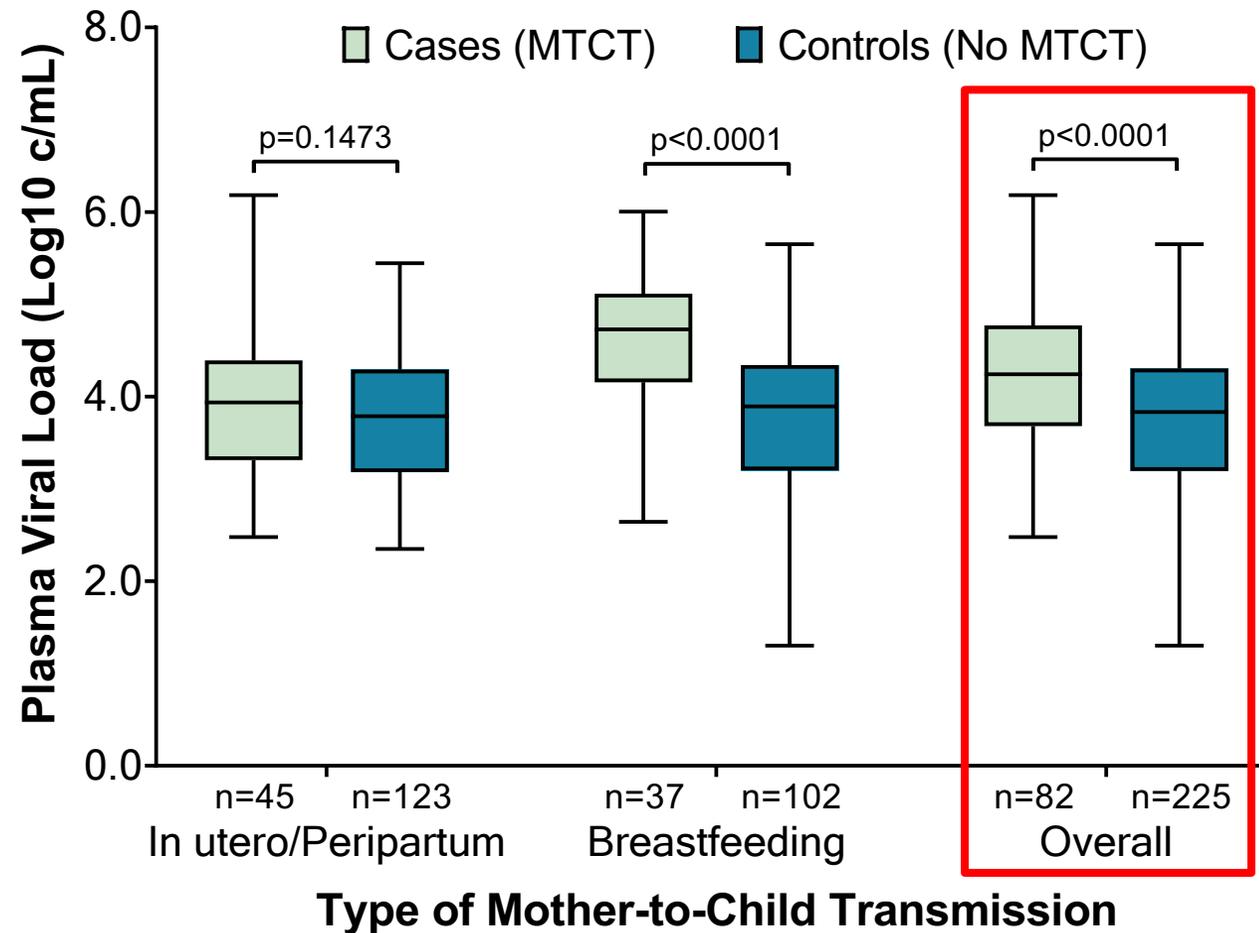
# Results: DR mutations detected in maternal cases and controls at infant HIV diagnosis

- Most common DR mutation was K103N in both cases and controls

Drug Class	Mutation	# Cases (%) n = 82	# Controls (%) n = 225
PI	M46I	-	2 (0.9%)
	M41L	-	1 (0.4%)
NRTI	D67N	-	2 (0.9%)
	K70R	-	1 (0.4%)
	K219N	1 (1.2%)	-
NNRTI	A98G	-	1 (0.4%)
	K101E	1 (1.2%)	2 (0.9%)
	K103N	7 (8.5%)	6 (2.7%)
	V179D	1 (1.2%)	-
	Y181C	1 (1.2%)	-
	Y188C	1 (1.2%)	-
	G190A/E	2 (2.4%)	2 (0.9%)
<b>Total # of Mothers with ≥1 DR Mutation</b>		<b>12 (14.6%)</b>	<b>14 (6.2%)</b>

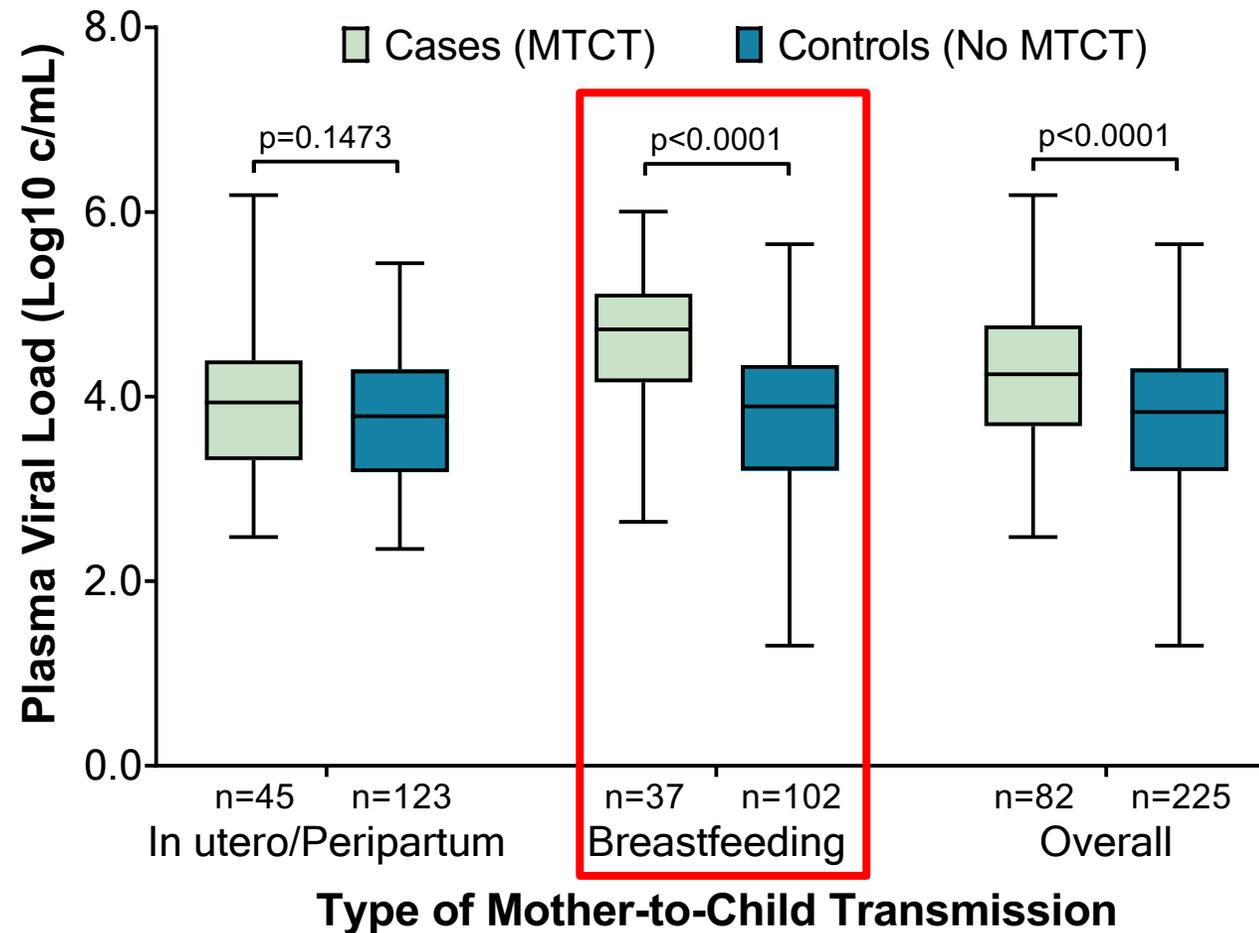
# Results: Plasma HIV RNA higher in maternal cases vs controls at infant HIV diagnosis

- Overall, transmitting mothers had higher median HIV RNA levels at infant HIV diagnosis (**4.28 vs. 3.86 log<sub>10</sub> copies/mL, p<0.0001**)



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# Results: Maternal DR associated with increased risk of MTCT during breastfeeding and “overall”

- Multivariable analysis adjusted for maternal plasma HIV RNA, genotype, and antepartum treatment regimen

Covariate (Reference)	OR (95% CI)	p-value
<b>≥4 Log c/mL Plasma Viral Load (&lt;4 Log c/mL)</b>	2.33 (1.29-4.21)	0.005
<b>DR Genotype (WT Genotype)</b>	2.45 (1.03-5.81)	0.042

# Results: Maternal DR associated with increased risk of MTCT during breastfeeding and “overall”

- Multivariable analysis adjusted for maternal plasma HIV RNA, genotype, and antepartum treatment regimen
- Adjusting for maternal plasma HIV viral load at infant diagnosis, **DR was still significantly associated with increased risk of MTCT**

Covariate (Reference)	OR (95% CI)	p-value
≥4 Log c/mL Plasma Viral Load (<4 Log c/mL)	2.33 (1.29-4.21)	0.005
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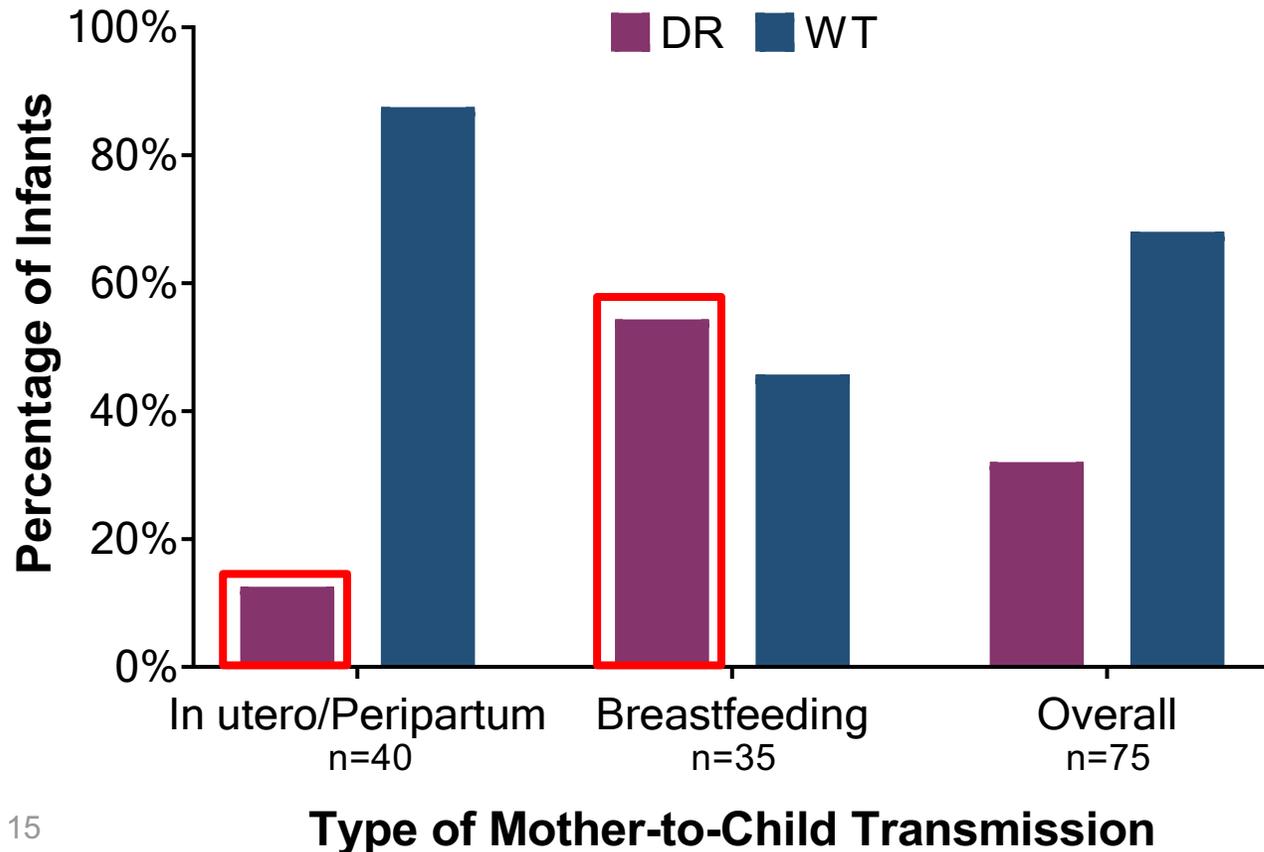
## Aim 2: Describe DR in HIV-infected infants

### Hypotheses:

1. Resistance mutations detected at HIV diagnosis will persist over time
2. Prolonged selective pressure from infant nevirapine (NVP) prophylaxis or maternal and/or infant ART could select DR mutations

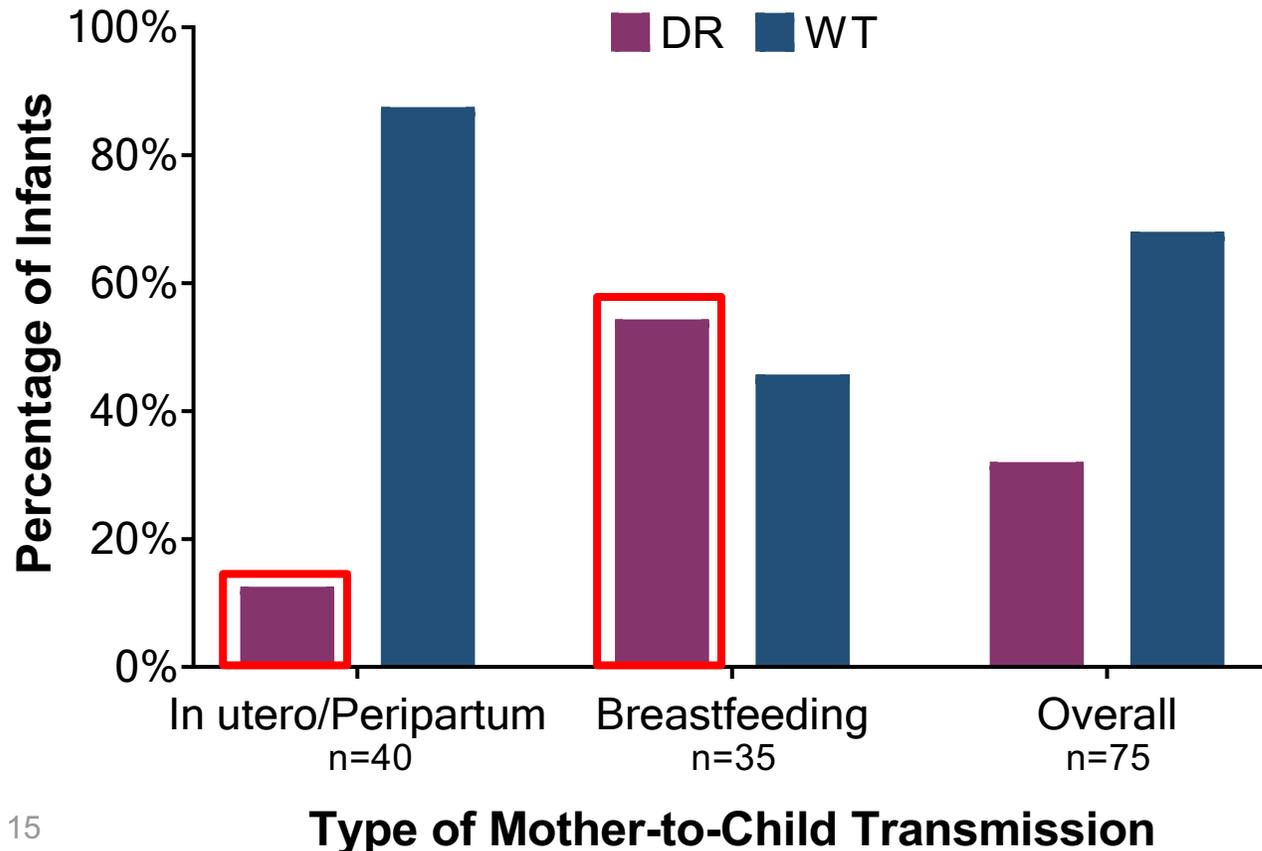
# Results: HIV DR was less frequent in infants with *in utero* MTCT vs. breastfeeding MTCT

- At HIV diagnosis, prevalence of DR was lower in infants with *in utero*/peripartum MTCT vs breastfeeding MTCT (12.5% vs 54.3%,  $p < 0.001$ )



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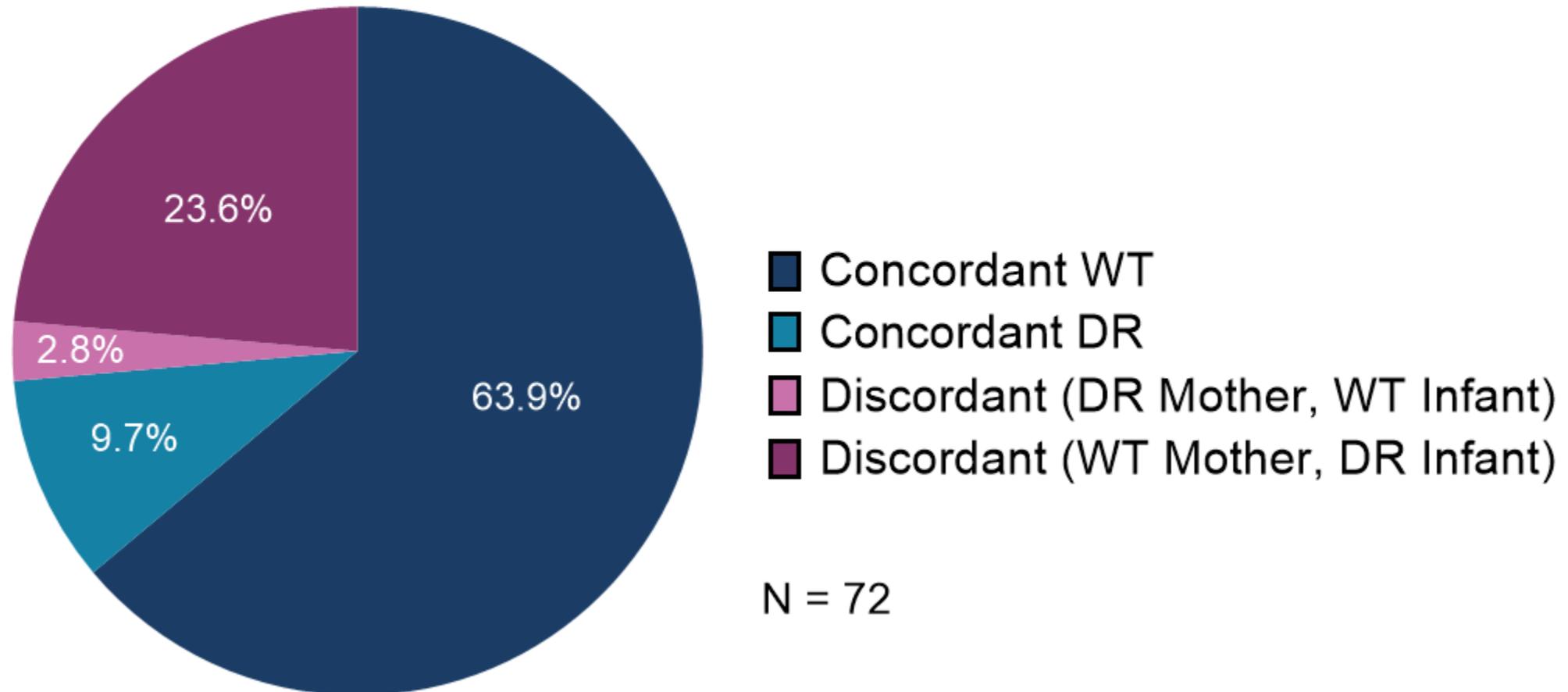
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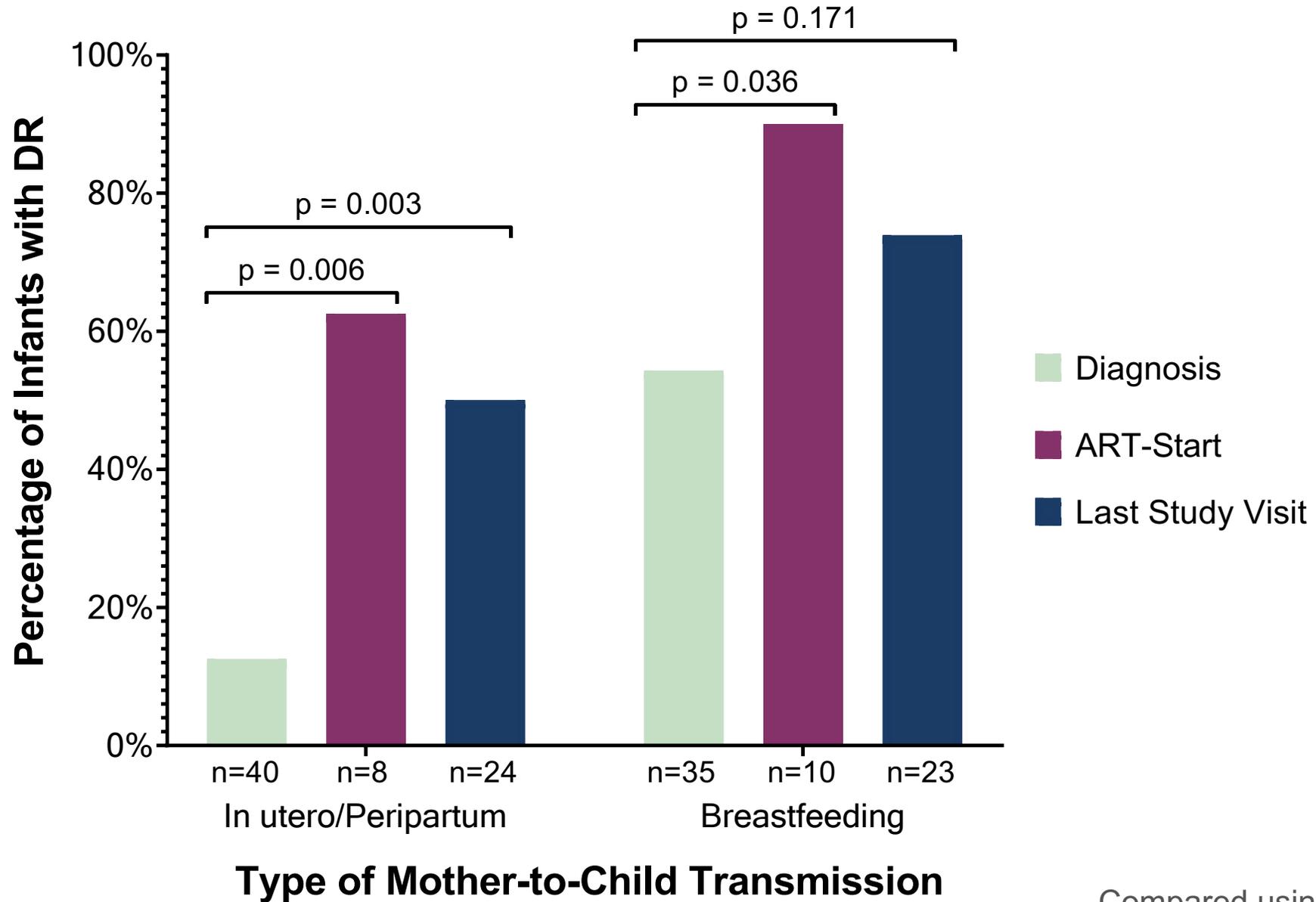
Mutations Detected	<i>In utero</i> or Peripartum n = 40	Breastfeeding n = 35
<b>NRTI</b>		
Single	-	3
Multiple	-	-
<b>NNRTI</b>		
Single	5	8
Multiple	-	7
<b>NRTI &amp; NNRTI</b>	-	1
<b>Total # of DR infants</b>	<b>5 (12.5%)</b>	<b>19 (54.3%)</b>

Results: ~25% of mother-infant pairs had discordant genotypes, 90% were WT moms with DR infants

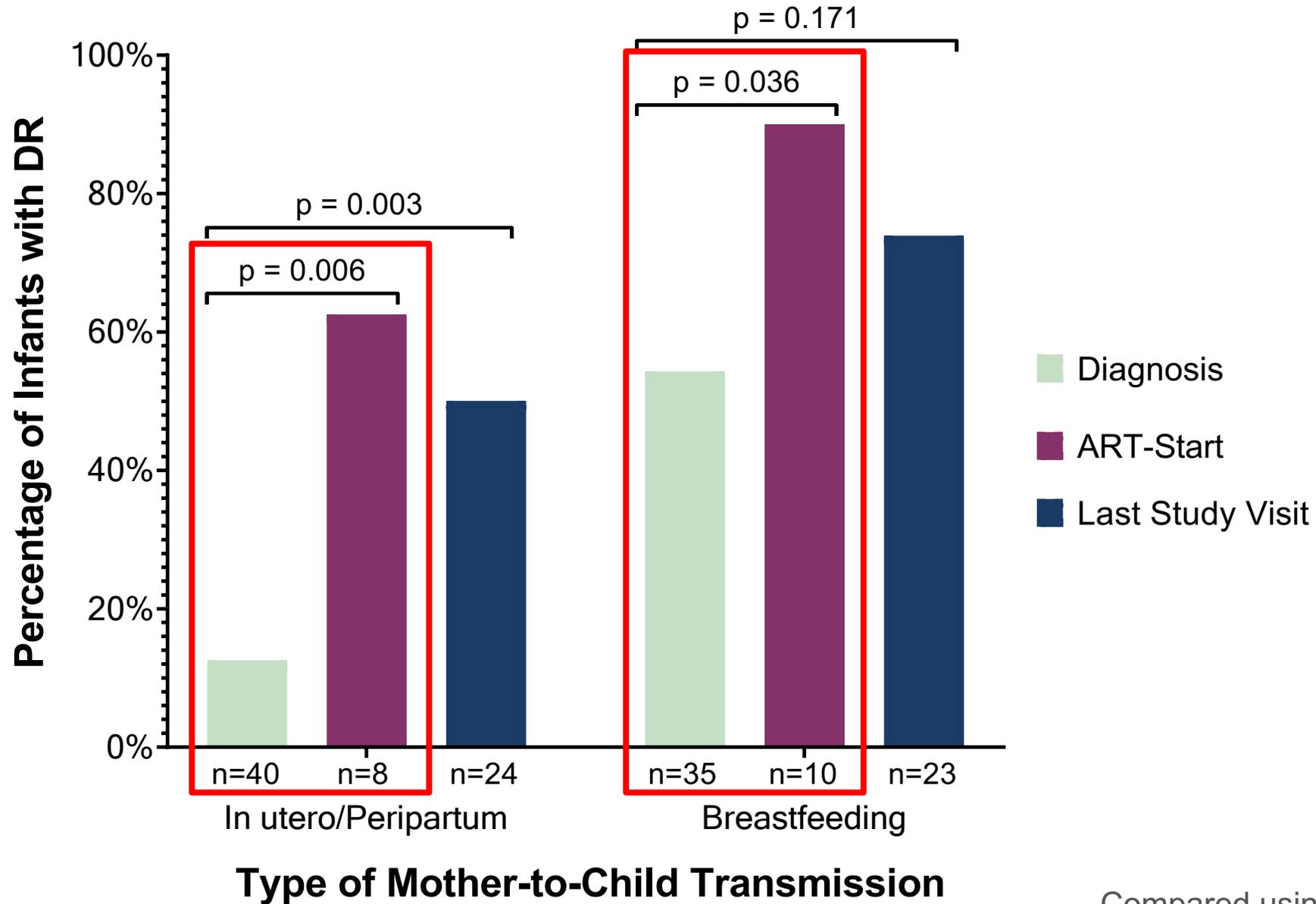
Genotype Concordance of Mother-Infant Pairs at Infant Diagnosis



# Results: HIV DR emerged in infants over time during breastfeeding



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# Conclusions & Future Directions

- **Finding:** At infant HIV diagnosis, maternal plasma HIV RNA and HIV DR were both independently associated with increased risk of MTCT
- **Interpretation:** In addition to non-suppression of HIV replication, HIV DR in mothers appears reduce effectiveness of infant NVP prophylaxis
  - ↳ Maternal NNRTI DR appears transmitted as 9/11 (82%) did not have a history of NNRTI

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- **Interpretation:** Prolonged exposure to NVP prophylaxis or maternal ART during breastfeeding led to the emergence of DR in infants
- **Our conclusion:** Replacement of NVP prophylaxis for MTCT with regimens that have a greater barrier to DR and would retain NNRTI susceptibility in infected infants

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