

Systemic inflammation in pregnant women with HIV: relationship with preterm delivery and HIV treatment regimen

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Background

- HIV treatment regimen during pregnancy was associated with preterm delivery (PTD) in a large multi-site international perinatal (IMPAACT I077BF/FF PROMISE trial, N=3490 evaluable mother-infant pairs).
- Antenatal zidovudine (ZDV) alone was associated with lower PTD compared to two protease inhibitor (PI)-based ART regimens: 13.1% vs 20.5%, $p < 0.001$.
- Systemic inflammation among pregnant women with HIV could be linked to PTD, and could explain differences in PTD by treatment regimens.

Methods

- 1:1 nested case-control study within PROMISE I077BF/FF, a randomized trial comparing 3 ART regimens in pregnant women: 1) ZDV alone, and ART with lopinavir/ritonavir and either 2) ZDV or 3) TDF
- Cases: women with PTD; controls: women without PTD
- Objective 1:** Determine the association of second trimester plasma inflammation markers with PTD
 - Inflammation measured at: W0 pre-ART initiation from women at 13-23 weeks GA and W4 post-ART initiation
 - Soluble markers of inflammation: IL-6, IFN γ , TNF α , sCD14, sCD163, I-FABP
 - Inflammation: as both continuous and categorical variable
 - Persistently high; increasing; decreasing; persistently low
- Objective 2:** Determine between treatment regimen and biomarkers of inflammation
- Objective 3:** Investigate whether inflammation was a mediator in the relationship between ART regimens and PTD

Results

- 362 women (n=181 PTD and n=181 no PTD) from 1 Asian and six African countries were studied.
- 176 (49%) on ZDV-based ART, 145 (40%) on ZDV alone and 41 (11%) on TFV-based ART; Median gestational age: 19.1
- HIV characteristics: 351 (97%) WHO clinical stage I; Median CD4 cell count: 530; Median viral load: 4.0 log₁₀ copies/mL
- Sociodemographic and clinical characteristics were similar by cases and controls

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Table 1: Adjusted odds ratios for preterm delivery by immune marker concentration

Immune Marker	Week 0 Pre-ART initiation		Week 4 post-ART initiation		Change (Week 4-Week 0)	
	OR (95% CI)	P-value	OR (95% CI)	P-value	OR (95% CI)	P-value
I-FABP	0.96 (0.40-2.31)	0.92	1.06 (0.50-2.24)	0.88	1.03 (0.45-2.37)	0.95
IFN γ	1.08 (0.58-2.02)	0.81	1.56 (0.86-2.82)	0.15	1.68 (0.88-3.21)	0.11
IL-6	1.61 (0.71-3.64)	0.25	1.85 (0.77-4.44)	0.17	1.75 (0.62-4.98)	0.29
TNF α	2.15 (0.87-5.28)	0.097	2.29 (0.86-6.11)	0.098	1.94 (0.39-9.73)	0.42
sCD14	0.96 (0.14-6.46)	0.96	1.50 (0.25-8.84)	0.65	2.70 (0.19-38.11)	0.46
sCD163	0.90 (0.29-2.85)	0.86	1.87 (0.49-7.15)	0.36	4.40 (0.63-30.91)	0.14

Table 1 Legend: Odds ratios (ORs) greater than 1 indicate a higher odds of PTD for a 1-log₁₀-unit higher immune marker concentration. Units for all cytokines are log₁₀-fg/mL, for monocyte activation biomarkers are log₁₀-ng/mL, and for I-FABP are log₁₀-pg/mL.

Multivariable conditional logistic models stratified by enrollment gestational age and country and adjusted for treatment, age, BMI, parity, previous preterm delivery, hemoglobin, viral load, CD8 count, education level, and CD4 count. A multiple imputation procedure was used to impute missing values for education level and CD8 count.

Table 2: Adjusted odds ratios for PTD by select, categorized marker levels at Week 0 and Week 4

Immune Marker	Categories	OR (95% CI)
I-FABP	Persistently Low	Ref.
	Increasing	1.49 (0.81, 2.77)
	Decreasing	0.73 (0.33, 1.62)
	Persistently High	1.05 (0.50, 2.21)
IFN γ	Persistently Low	Ref.
	Increasing	0.83 (0.42, 1.63)
	Decreasing	0.77 (0.39, 1.54)
	Persistently High	1.72 (0.79, 3.72)
IL-6	Persistently Low	Ref.
	Increasing	0.96 (0.45, 2.05)
	Decreasing	0.96 (0.49, 1.89)
	Persistently High	2.47 (1.16, 5.29)

*Only a subset of analyzed immune markers are being presented.

Figure 1: Forest plot for treatment effect on change in immune marker concentrations

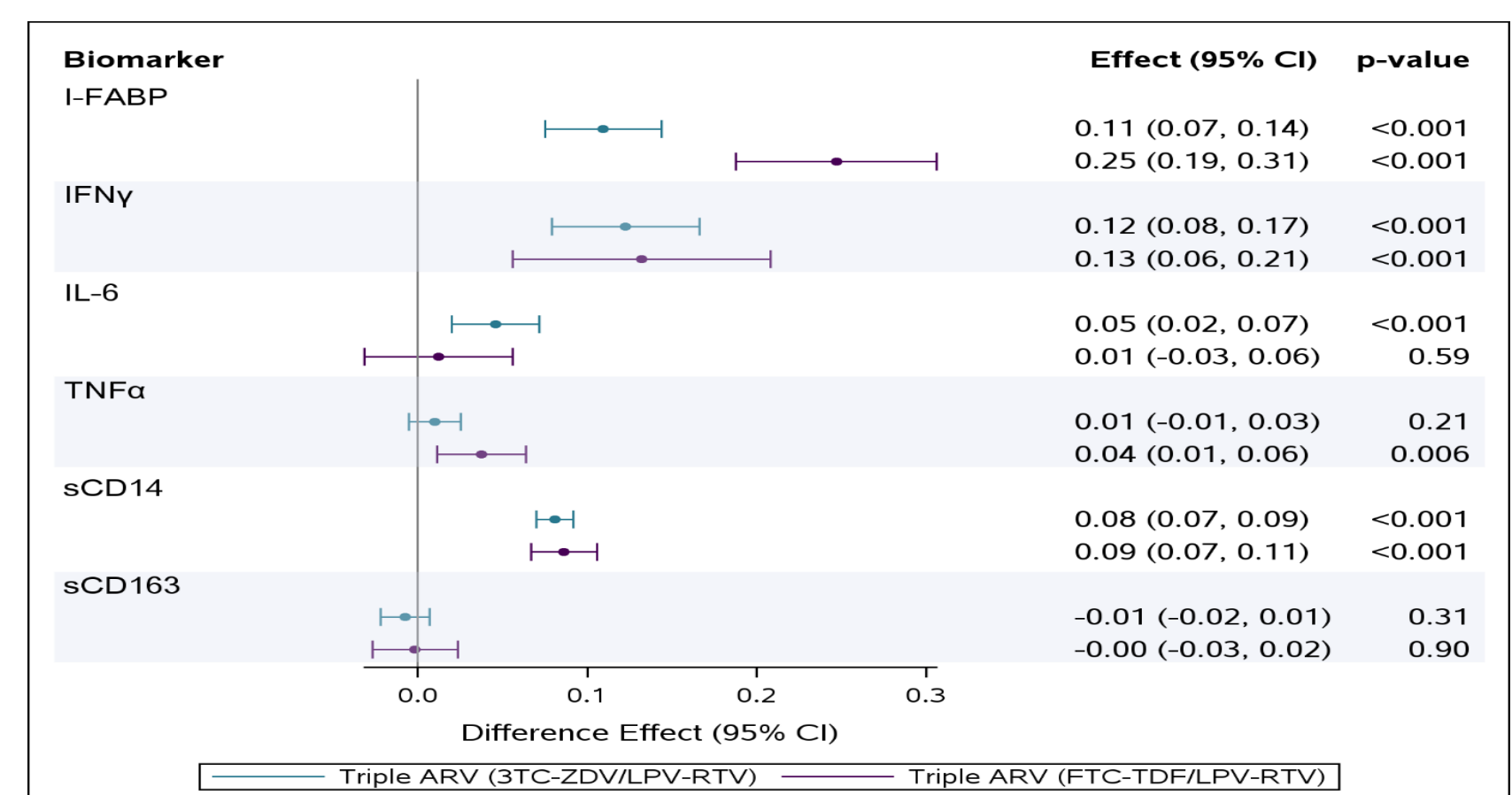


Figure 1 Legend: Forest plot for treatment effect compared to ZDV+sdNVP+TRV on change in immune marker concentration from pre-ART to Week 4 post ART initiation. All estimates use ZDV+sdNVP+TRV tail as reference treatment group. Models additionally adjusted for baseline inflammation, age, BMI, gestational age at entry, country, education level, CD4 and CD8 counts, hemoglobin, and HIV-1 RNA.

The estimated proportion of the ART effect on increased PTD mediated by persistently high levels of inflammation was 5% or lower for all biomarkers (data not shown).

Conclusion

- Persistently high IL-6 during pregnancy was associated with PTD.
- While PI-based ART was associated with increases in inflammation, our results suggest that factors other than inflammation explain the increased PTD in women taking ART-based regimens compared to zidovudine alone in the I077BF PROMISE trial.